



THE SENIOR ATHLETE

Montgomery County
Senior Sports Association

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It's time to sign up for basketball!



After completing its most successful season in the past 5 years, Montgomery County Senior Sports Association (MCSSA) will again offer a 60+ 4v4 basketball league beginning in December 2019 at Bauer Drive Recreation Center. The 14-game schedule, doubleheaders each Friday afternoon from 12:15 until 2:30, will culminate in a single elimination tournament scheduled for the first Friday in April when a league champion is crowned. Games will be played cross court with 2 games guaranteed each Friday. Running clock for games on each court with the final two minutes stop time, proved sufficient to give each player an enthusiastic workout.

With the excitement and success of last year it is hoped that the 5-team league will expand to 6, with 6 players per roster. Last year's champion, "And One" managed by Gary Lake upset the number 1 seed "Ballers," managed by George Pruden. "And One" has set their sights on a repeat performance.

Spread the word. There are many open gym locations throughout Montgomery County for basketball sponsored by MCSSA; get others involved. I do my best to let friends play together.

The registration fee is \$125. Additional information at <https://md-seniorsports.org/basketball-2019-2020registration/> Register now!

Send registration to MCSSA,
14320 Fairdale Road, Silver Spring MD 20905.

The season will start after Christmas, 2019.

Questions? Please contact Jacky Loube at ploube@gmail.com or (240) 731-9477

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Dates to Remember

Nov 1 MCSSA Holiday Party. Newbury Award and Spike Comeback award presented

Dec 15 Registration deadline for 4-on-4 basketball leagues sign up

Jan 2 Indoor softball begins (Tuesdays and Thursdays) at the Rockville Sportsplex



From the Editor's Desk:

Heads Up

This is just a reminder that membership dues are now \$10 per year. As you know, dues expire on March 31 every year, in line with the end of our fiscal year. In the next issue of *The Senior Athlete* I will post the year your dues expire on the mailing label. We have many people who have dues paid for years in advance and others who pay on a year-to-year basis.

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Standings for the fall softball leagues will be posted in the next edition of *The Senior Athlete*.

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Chyp and Andrea will provide entertainment at our annual awards banquet. Speaking of the MCSSA Annual Awards Banquet, cash bar cocktail hour from 5:00 until 6:00. Dinner from 6:00 to 7:00. Awards from 7:00 to 8:00 (or as soon as the awards are completed). Entertainment from 8:00 to 9:00. The date is Friday, November 1, 2019.

* * * * *

The only MCSSA representatives in track & field in the Maryland Senior Olympics were Larry Tubman and Gloria Hong. Along with Stu Goldberg and Don Juran in table tennis. The medals they won are as follows:

Larry—Silver in both softball throw and football throw.

Gloria— Gold in softball throw, football throw, frisbee throw and javelin throw. Silver in 50 yard dash, 100 yard dash and discus throw.

Stu—Gold in singles

Don and Stu—Bronze in doubles

The Newbury Award

It is time to submit your recommendations for the William E. (Bill) Newbury Memorial Award. The award will be presented at the MCSSA Holiday Dinner, on Friday, November 1, 2019 at the clubhouse at Leisure World, beginning at 5:00 p.m. The cost will be approximately \$35.00 per person.

The criteria for nominating people for the award are listed below. The award is presented to individuals whose contributions are recognized in one or more of the following Areas:

- 1) By outstanding athletic ability and performance which would tend to reflect on MCSSA (such as a league Most Valuable Player, or recognition by a national program or organization, or sustained high level of performance;
- 2) By voluntary service to the organization through sustained involvement in a superior and noteworthy endeavor;
- 3) By virtue of a significant financial contribution or through services in-kind.

A nomination form, for your convenience and for the ease of evaluating the contenders, is available on Page 6 of this edition of *The Senior Athlete*.

In Memoriam

Ana Carmouze
Wife of Jorge

Robbie Poffenberger
Feb 1936—July 2018

The Senior Athlete is a publication of the Montgomery County Senior Sports Association (MCSSA) and is published four times a year, at the beginning of each quarter (January, April, July and October) to members in good standing. MCSSA is a non-profit organization exempt from Federal Income Taxes under section 501(c)(3) of the Internal Revenue Code. Submit articles and/or changes of address to:

MCSSA
14320 Fairdale Road
Silver Spring, Maryland 20905



Dick Hill

MCSSA Personality Profile

Kathy and Marv Reitz



The Reitz Stuff

I, Marv, was born in 1943 in Bethlehem, Pennsylvania and spent my first two years in Nazareth before moving to Pennsauken, New Jersey. Kathy says this sounds vaguely familiar. My mother died when I was 10 years old, of Hodgkin's disease, a fatal disease back then that is largely curable today. My father was a music teacher and transmitted his love of music to me. I learned clarinet, sax, bass, guitar, and baritone horn. However, I had other career ideas, and entered Western Maryland College (now McDaniel) as a chemistry major. Some biology courses attracted my interest, and I wound up enrolling in the biochemistry PhD program at Purdue University, getting my doctorate in 1970.

At this time, I also married and went to Boston to do a post-doc at the Boston Biomedical Research Institute. My daughter Petra was born in 1970. In 1971 I moved to Bethesda to work in the NIH laboratory of Dr. Robert Gallo, who was trying to identify human cancer viruses. 1976 marked the end of my first marriage.

Work proved quite interesting. By 1979, I and several others on Gallo's team discovered and characterized the first human leukemia virus, human T cell leukemia virus type 1 (HTLV-1). This

turned out to cause adult T cell leukemia, a rare type of cancer mostly reported in southern Japan and the Caribbean. Although only a rare leukemia, it set the stage for the subsequent discovery of a similar type of virus, HIV-1, by Gallo's NIH group and a group in France. The NIH group also showed it was the cause of AIDS and developed the blood test for HIV.

As if work wasn't exciting enough in 1979, Kathy (whom I had met in the lab) and I began dating and married in 1980. Our daughter Tess was born in 1981 and our son Andy in 1987. It was also during this time that I picked up the sax and clarinet and Kathy learned bass, tuba, and ukulele, and we joined several bands. We're currently in about 5 different bands.

When I retired, I saw a chance to take up softball, and heard about the winter indoor practices from somebody, not sure who. I hadn't played for about 50 years, but I have had a wonderful time playing in various MCSSA leagues and have only incurred a few injuries. I think it's helped keep me young (the softball, not the injuries). Kathy and I like to travel and go birding, although she's the bird expert. I also started flying lessons about 6 years ago, and to Kathy's horror, I currently hold a Sport Pilot certificate and have about 350 hours. We have two grandchildren, Petra's sons Jasper and Calvin, ages 10 and 15.

(Continued on Page 9 **REITZ**)



Spring Softball Final Standings

Women's Monday Night League

Team	Won	Lost	Tied	Points
TST	15	3		30
Sparks, Stein & Sperling	12	4		24
Like a Fine Wine	7	11		14
Tornados	5	11		10
Old Bats	3	13		6

Commissioner: Carmen Campbell

John X. Supinski, Jr League Monday Mornings

Team	Won	Lost	Tied	Points
Jaguars	21	3		42
Panthers	16	7	1	33
Cougars	16	8		32
Lynx	8	16		16
Lions	7	16	1	15
Tigers	3	21		6

Commissioner: Ed Guillette

Wednesday Night Men's 60+ League

Team	Won	Lost	Tied	Points
Hamel	17	2	1	35
Mustangs	10	10		20
MemberCar Stars	7	12	1	15
Ledo Pizza Wheaton	5	15		10

Commissioner: Stu Levy

CoRec Wednesday Morning League

Division	Team	Won	Lost	Tied	Points
Division A	Athletic House	19	1		38
	PJ's Sports	15	4	1	31
	Hawks	10	8	2	22
Division B	Senior Moments	10	9	2	22
	Falcons	8	12	1	17
	CoStars	5	16		10
	Eagles	2	19		4

Commissioner: Don Juran

Tuesday Night Men's 50+ League

Division	Team	Won	Lost	Tied	Points
Division "A"	Fighting Rays	16	3	1	33
	JLC Construction	12	8		24
	Gaithersburg Rentals	9	10	1	19

Division "B"

Grim Reapers	13	6	1	27
Pirtek	6	11	3	15
Stylers	3	15	2	8

Division "C"

Marauders	12	5	3	27
Meyers & Meighan	9	11		18
Raiders	4	15	1	9

Commissioner: Paul Jarosinski

Ross Emerson Men's 60+ League

Team	Won	Lost	Tied	Points
Good Sports	24	9	1	49
Senators	23	10	1	47
Rebels	18	14	2	38
Elderly G-Men	14	19	1	29
Patriots	10	21	2	22
Fireballs	9	24	1	19

Commissioner: Jacky Loube

Thursday Night Men's 55+ League

Division	Team	Won	Lost	Tied	Points
Division A	Hamel	10	4		20
	Gaithersburg Rentals	11	5		22
	Unwanted Guns	9	7		18
Division B	Meyers Meighan	15	2		30
	Silverachos	8	10		16
	Marauders	6	12		12
	Blue and Gold	0	19		0

Commissioner: Bill Madert

Ron Schell Draft League 50+

Team	Won	Lost	Tied	Points
Green Machine	11	7		22
Midnight Special	10	7		20
Nationals	7	10		14
Homestead Greys	7	11		14

Commissioner: Dave Hyder



All-Star Teams



Wednesday Night 60+ All-Stars: Front Row L to R Wayne Bosley, Dwight Entwistle, Rob Stelbourn, Chuck Thompson and Ed Joseph. Back row L to R Donnie Smith, Stu Levy, Mike Herald, Matt McGrath, Chuck Spalding, Brian Duffy, Jay Wood, and Ted Virts.



Ross Emerson 60+ All-Stars: Front Row L to R Bill Clark, Karl Aro, Ed (Dirt) Wolford, Richie Myers and Gary Rubino. Back row L to R Tony Onley, Jerry Olszewski, Joe Schimansky, John Medford, Mike Haggerty, Dennis Unglesbee, Ted Tritle and Thom Urick.



**Nomination Form
8th Annual
"Spike" Comeback Kid Award**

I would like to nominate _____

List in detail the factors that should be considered for presentation of this award (on a separate sheet of paper).

The award committee will evaluate the nominations, for either man or woman, based on the data submitted justifying your candidate's accomplishments.

Richard Sherman will chair the committee of Spike Bauroth, Sam Milwit, Jim Bone and Rick Silas and submissions can be made either by U.S Mail addressed to Richard Sherman, 15403 Wentbridge Court, Silver Spring, MD 20906 or by email to rgsappraising@verizon.net.

Nominations should be submitted by Tuesday, October 8, 2019.

Your Name: _____

Signature: _____

**Abbreviated Nomination Form
16th Annual
William E. (Bill) Newbury Memorial Award**

I would like to Nominate _____

List in detail why your nominee's contributions should be considered for this award (*the more information you can provide, the better*):

All nominations must be received by Tuesday, October 8, 2019

To submit a nomination, simply send by e-mail to one (or all) of the following committee members:

Or, send through the U.S. Postal Service to:

Ed Guillette—gamboa33@verizon.net
Don Juran—drj5@cornell.edu
Jim Ehrenfried—jimpam871@gmail.com

John Elsbree
10401 Grosvenor Place #504
North Bethesda, MD 20852
ahejle@gmail.com

Your name: _____

Signature: _____



CoRec League Action



Norm Flessas

MCSSA Board of Directors

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Incumbents

Jim Ganz
 Don Juran
 Dan Mann
 Lance Hoboy

Other Board Members

League Commissioners

Women's Masters (Monday Night)	Carmen Campbell
Super Senior League (Mon a.m.)	Ed Guillette
60+ Ross Emerson League	Jacky Loube
Co-Rec Wednesday Morning	Don Juran
50+ Tuesday Night	Paul Jarosinski
60+ Wednesday Night	Stu Levy
55+ Thursday Night	Bill Madert
50+ Ron Schell League	Dave Hyder
Basketball (65+ and 70)	Jacky Loube (Acting)

Program Coordinators

Volleyball	Shane Wu
Senior Olympics	David Schardt
Internet Advisor	David Schardt

REGISTRATION FORM FOR MCSSA ACTIVITIES

Please indicate which activity you wish to participate in and enclose the proper amount as indicated below. The basketball leagues are for the 2019-20 season.

I want to play in the 4-on4 Basketball League on Friday Afternoons (\$125.00).... \$ _____

MCSSA Dues (\$10.00)...(If not otherwise paid).....\$ _____

Optional: Donation to MCSSA to further the goals of MCSSA.....\$ _____

TOTAL AMOUNT DUE \$ _____

Name _____ **Phone:** _____

Address: _____

City: _____ **State** _____ **Zip** _____ **Date of Birth:** _____

E-mail address _____ **Emer contact:** _____ **Phone:** _____

The participant assumes all risks associated with participation in the above activities. MCSSA assumes no liability for injury or damages arising from participation in these activities. Due to the strenuous nature of some activities, MCSSA encourages each participant to consult his or her physician concerning fitness to participate in the program. The participant consents to emergency treatment.

Signature _____

**Mail this form with a check for the TOTAL AMOUNT DUE made out to:
 MCSSA - 14320 Fairdale Road - Silver Spring MD 20905**

All Star Teams



Ron Schell 50+ All-Stars: Front Row L to R Dan Couturier, Eric Gregrich, Eddie Wolford, Ed Joseph, and Pete Ture standing. Back row L to R Mike Kerdock, Gary Fenstamaker, Lew Lester, Eric Thorndike, Clay Hulbert, Dave Hyder and Dale Langdon.



Tuesday Night 50+ All-Stars: Front Row L to R Jeff Chemtob, Ed McCaw, Dwight Entwistle, George Casimates, Ed Kennedy and Doug McCleaf. Back row L to R Charlie Meyers, Ed Rodriguez, Chuck Kusbit, Paul Jarosinski, Donnie Miles, Donale King, Dave Entwistle and Charles Johnson.



(Continued from Page 3 Reitz)

I, Kathy, approve of the previous paragraphs. I am a Maryland native and have lived most of my life in and near Rockville. I graduated from the Academy of the Holy Cross in 1969 and got a BA in biology from La Salle College in 1973. I must add that by 1979 my days in the lab were over and I went to work for my father. I became a commercial real estate broker, a property manager, and sometimes a construction manager. In the middle of raising our family and working, we both honed our skills as musicians and relish every moment we have spent singing and playing together. I also found time to coach soccer, serve on the boards of our children's schools, take care of horses, and spend many an hour watching boys' baseball. Phew! It makes me tired all over again just thinking about it.

I do like photography and birding very much. Both things go very well with the travel to wild places we have experienced. I try not to bird in the outfield but the two most notable birds I have spied from Olney Manor were a male Baltimore Oriole who *fowled* out over the RF fence of Field 5, and a Bald Eagle who was not playing for Jay Bedell.

When our youngest went off to college I thought I was done with kids' sports and playing some ball myself may be in order. Oh, I know. Another person shows up thinking softball is a snap. Well it isn't a snap (except for tendons and ligaments), but is fun, and I thank everybody for their patience and kind advice. Because I still would like to improve, the sport gives me great impetus to stay in shape at the very least so I can beat out the throws after my infield hits. But most of all, I am happy to have another shared hobby with Marv. Running a close second to that pleasure is that we both really enjoy the camaraderie and are looking forward to the fall season.

Ross Emerson League Action



Chuck Spalding



Alan Shevitz



Jack Chomko



Harry Williams



John X. Supinski, Jr. League Action



Bill Kaetzel



Pam Ehrenfried



John Horstkamp



Ollie Peters

MCSSA

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