



# THE SENIOR ATHLETE

Montgomery County  
Senior Sports Association

VOL 27 NO 4  
October 3, 2018

## It's time to sign up for basketball!



The Montgomery County Senior Sports Association (MCSSA,) will offer 60+ and 70+ basketball leagues starting in January 2019. The leagues will play on Friday afternoons from 12:30 to 2:30 at the Bauer Drive Community Center, 14625 Bauer Drive, Rockville, MD. The registration fee is \$125. Additional information is at:

<https://mc-seniorsports.org/basketball-2018-2019registration/>

Send registration to MCSSA, 14320 Fairdale Road, Silver Spring MD 20905. Registration begins October 1 and ends December 15. Registrants may select 5-on-5 full court or 3-on-3 half court. 5-on-5 will consist of 10 games and playoffs. 3-on-3 will play 20 games and a double elimination tournament. Players will be selected or assigned to teams in early December. The season will start January 4, 2019.

Spread the word now! There are many open gym sessions supported by MCSSA that are sources for recruitment of players for each league. Again, talk it up as we need enough players for a minimum of four teams in each league. The leagues will play only if there are enough interested players. If we do not have enough players to make four teams in a league at the close of registration, that league will not play this season. Those interested in coaching, assisting in the draft or being involved in the league process please contact Jacky Loube at [ploube@gmail.com](mailto:ploube@gmail.com) or (240) 731-9477.

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### Dates to Remember

**Nov 2** MCSSA Holiday Party. Newbury Award and Spike Comeback award presented

**Dec 15** Registration deadline for 3-on-3 basketball leagues signup

**Jan 4** Basketball season begins

**Jan 3** Indoor softball begins (Tuesdays and Thursdays) at the Rockville Sportsplex



**From the Editor's Desk:**

**Heads Up**

This is just to remind everyone that the MCSSA Board of Directors, at the Annual meeting in April, raised the membership dues from \$5 to \$10 per year. As you know, dues expire on March 31 every year, in line with the end of our fiscal year. In the next issue of *The Senior Athlete* I will post the year your dues expire on the mailing label. We have many people who have dues paid for years in advance and others who pay on a year-to-year basis. I guess this is an opportunity for those who are interested to pay dues in advance at the \$5 rate if it is done before March 31, 2019.

\* \* \* \* \*

Standings for the fall softball leagues will be posted in the next edition of *The Senior Athlete*.

\* \* \* \* \*

Chyp and Andrea will provide entertainment at our annual awards banquet. You will remember them from last year. Speaking of the MCSSA Annual Awards Banquet, cash bar cocktail hour from 5:00 until 6:00. Dinner from 6:00 to 7:00. Awards from 7:00 to 8:00 (or as soon as the awards are completed). Entertainment from 8:00 to 9:00. The date is Friday, November 2, 2018.

\* \* \* \* \*

The only representatives in track & field in the Maryland Senior Olympics were George Izumi and Gloria Hong. The medals they won are as follows:

**George**—Silver in mixed doubles with Gloria, and bronze in men's doubles bowling.

**Gloria**—Gold in softball throw, football throw, frisbee throw and women's singles bowling. Silver in mixed doubles with George.

**Stuart Goldberg** won the silver medal in 75-79 men's singles in Table Tennis and bronze in doubles with **Don Juran**.

**The Newbury Award**

It is time to submit your recommendations for the William E. (Bill) Newbury Memorial Award. The award will be presented at the MCSSA Holiday Dinner, on Friday, November 2, 2018 at the clubhouse at Leisure World, beginning at 5:00 p.m. The cost will be approximately \$35.00 per person.

The criteria for nominating people for the award are listed below. The award is presented to individuals whose contributions are recognized in one or more of the following Areas:

- 1) By outstanding athletic ability and performance which would tend to reflect on MCSSA (such as a league Most Valuable Player, or recognition by a national program or organization, or sustained high level of performance;
- 2) By voluntary service to the organization through sustained involvement in a superior and noteworthy endeavor;
- 3) By virtue of a significant financial contribution or through services in-kind.

A nomination form, for your convenience and for the ease of evaluating the contenders, is available on Page 6 of this edition of *The Senior Athlete*.

*In Memoriam*

Mike Hrynkiw  
(Husband of Joyce Kraimer)

Elder Randolph Moses  
(Randy's Dad)

Bill Plitt  
March 1932—July 2018

Mildred Beatrice Onley  
(Tony's Mom)

Milton Loube  
(Jacky's Dad)

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MCSSA  
14320 Fairdale Road  
Silver Spring, Maryland 20905

## MCSSA Personality Profile Earl Hearst



It was an honor to be asked to share my autobiography and I couldn't refuse. So I will tell you that I was born in St. Louis, MO where my father worked all his career at the post office and my mother was a kindergarten school teacher. I married at age 21 and am blessed with two sons. Ben lives in New Orleans with his wife and my two granddaughters Opal age 14 and Maisie age 2. Mike is married and lives in Brooklyn with my grandson Nathan age 4.

I have some memories of playing softball in grade school but I never played any sponsored sports in high school or college. My dad was a big St. Louis Cardinal fan and took me to most of the games when I was 12-15 years old. We would go when the gates first opened and watch batting practice. We got many balls fouled into the stands before the crowds got there. At one point we had about 200 which I gave to the high school to use for baseball practice. I also got to know the Cardinal bat boy and got 36 cracked bats after the games were over in the 1957-58 seasons. I saved these bats for several decades in a box in the basement until one day as an adult I noticed on eBay that they were selling for big bucks. Stan Musial's game used bats sold for \$3000- \$4000 each. Yes, I sold them after my two sons said they didn't want my bat collection and felt they should be sold while seniors

still remember these players.

In high school my Dad got me a job working as an usher for the St. Louis Cardinals. In 1960 and 1961 I saw almost every home game with great stars like Stan Musial, Ken Boyer, Bob Gibson, Curt Flood, Tim McCarver, Red Schoendienst and Bill White. Because extra ushers were needed I also ushered for the world series games in 1964 against the Yankees and 1967 against the Red Sox. The Cardinals won both of those series.

As a child my mother encouraged me to make good grades in school while my dad suggested I think about learning a working trade in case my grades were not good enough to attend college. In 7-9th grades teachers sent notes home that I didn't work up to my ability and played around too much. By 10th grade I got serious and by the end of high school my grades improved and I was president of the Math and Chess Club and a member of the National Honor Society.

I had good enough grades and SAT scores to get a scholarship to my neighborhood school Washington University in St. Louis. I joined Phi Sigma Delta fraternity and was Vice President my junior year. I sweated through organic chemistry, calculus and physics and hoped to get admitted to Washington University School of Medicine. This has always been one of the top five medical schools in the USA. They get 5000 applications for 90 first year medical class openings. I was surprised when the Medical school admitted me after 3 years of college on their combined program with a full scholarship. Only 2 applicants out of 90 were admitted after 3 years of college. I got my BA in 1966 after the first year of medical school and my M.D. in 1969. I did a rotating internship in medicine at St. Mary's hospital in St. Louis in 1970 and three years of psychiatry residency training at Washington University's Barnes and Renard hospitals in 1971-1973. I became board certified in Psychiatry and Neurology in 1975.

People ask me why I went into psychiatry. As early as high school I got a library book on hypnosis and practiced on willing high school friends. Yes they volunteered. That sparked an interest in psychology. When I went through a surgery rotation in medical school I saw a gall bladder removed two days in a row and decided it was like replacing a carburetor in a car. At least it seemed routine and boring. Psychiatry seemed more challenging and interesting and had better hours.

(Continued on Page 9 **Hearst**)



### Spring Softball Final Standings

#### Women's Monday Night League

Team	Won	Lost	Tied	Points
TST	16	2		32
Sparks, Stein & Sperling	9	7		18
Like a Fine Wine	8	8		16
Old Bats	6	12		12
Tornados	3	13		6

Commissioner: Carmen Campbell

#### Super Senior League Monday Mornings

Team	Won	Lost	Tied	Points
Cougars	22	4		44
Lions	18	8		36
Jaguars	14	10		28
Lynx	8	15	1	17
Panthers	8	16		16
Tigers	4	19	1	9

Commissioner: Ed Guillette

#### Wednesday Night Men's 60+ League

	Won	Lost	Tied	Points
Hamel	9	1		18
Ledo Pizza Wheaton	3	7		6
MemberCar Stars	8	2		16
Mustangs PJ's Sports	4	6		8
Blue & Gold	0	8		0

Commissioner: Stu Levy

#### CoRec Wednesday Morning League

	Won	Lost	Tied	Points
Athletic House	17	3		34
Hawks	14	6		28
PJ's Sports	13	7		26
CoStars	9	11		18
Senior Moments	6	14		12
Eagles	1	19		2

Commissioner: Don Juran

#### Tuesday Night Men's 50+ League

Division "A"	Won	Lost	Tied	Points
Spicer	14	5	1	29
Gaithersburg Rentals	10	9	1	21
Grim Reapers	7	12	1	15

#### Division "B"

JLC Construction	12	7	1	25
Pirtek	9	10	1	19
Raiders	7	13		14

#### Division "C"

Stylers	10	8	2	22
Meyers & Meighan	9	11		18
Marauders	8	11	1	17

Commissioner: Paul Jarosinski

#### Ross Emerson Men's 60+ League (2nd Half)

Team	Won	Lost	Tied	Points
Senators	34	2	2	70
Good Sports	22	18		44
Warriors	20	17	1	41
Patriots	19	20	1	39
Rebels	9	27	2	20
Bombers	8	28	2	17

Commissioner: Jacky Loube

#### Ron Schell Draft League 50+

Team	Won	Lost	Tied	Points
Midnight Special	13	3	1	27
Homestead Greys	6	11	1	13
Green Machine	6	11	1	12

Commissioner: Dave Hyder

#### Thursday Night Men's 55+ League

	Won	Lost	Tied	Points
Hamel	14	4		28
Gaithersburg Rentals	14	6		28
Unwanted Guns	10	8		20
Meyers Meighan	12	6	1	25
Silverachos	7	12	1	15
Marauders	7	13		14
Blue and Gold	2	18		4

Commissioner: Bill Madert



## All-Star Teams



**Wednesday Night 60+ All-Stars:** Front Row L to R Chuck Thompson, Bill Lear, Robert Jackson, Brian Duffy, Gary Farber, Dwight Entwistle and Marshall Combs. Back row L to R Chris McDonald, Joe Crisafulli, Jay Wood, Gary Fensamaker, Woody Shields, Chuck Spalding, Mike Herals and Stu Levy.



**Ross Emerson 60+ All-Stars:** Front Row L to R Jim Booth, Harry Williams, Lance Hoboy, Mike Holzman and Digger Chapman. Back row L to R Karl Aro, Tony Onley, Dave Belford, John Medford, Mike Haggerty, Bill Clark, Dennis Unglesbee and Jacky Loube.



**Nomination Form  
7th Annual  
"Spike" Comeback Kid Award**

I would like to nominate \_\_\_\_\_

List in detail the factors that should be considered for presentation of this award (on a separate sheet of paper).

The award committee will evaluate the nominations, for either man or woman, based on the data submitted justifying your candidate's accomplishments.

Richard Sherman will chair the committee of Spike Bauroth, Sam Milwit, Jim Bone and Rick Silas and submissions can be made either by U.S Mail addressed to Richard Sherman, 15403 Wentbridge Court, Silver Spring, MD 20906 or by email to rgsappraising@verizon.net.

**Nominations should be submitted by Tuesday, October 9, 2018.**

Your Name: \_\_\_\_\_

Signature: \_\_\_\_\_

**Abbreviated Nomination Form  
15th Annual  
William E. (Bill) Newbury Memorial Award**

I would like to Nominate \_\_\_\_\_

List in detail why your nominee's contributions should be considered for this award (*The more information you can provide, the better*):

**All nominations must be received by Tuesday, October 9, 2018**

To submit a nomination, simply send by e-mail to one (or all) of the following committee members:

Or, send through the U.S. Postal Service to:

Ed Guillette—gamboa33@verizon.net  
Don Juran—drj5@cornell.edu  
Jim Ehrenfried—jimpam871@gmail.com

John Elsbree  
10401 Grosvenor Place #504  
North Bethesda, MD 20852  
ahejle@gmail.com

Your name: \_\_\_\_\_

Signature: \_\_\_\_\_



Jim Warfield

**MCSSA Board of Directors**

<b>Office</b>	<b>Incumbents</b>
President	Jim Ganz
Vice-President	Don Juran
Secretary	Dan Mann
Treasurer	Lance Hoboy

**Other Board Members**

<b>League Commissioners</b>	
Women's Masters (Monday Night)	Carmen Campbell
Super Senior League (Mon a.m.)	Ed Guillette
60+ Ross Emerson League	Jacky Loube
Co-Rec Wednesday Morning	Don Juran
50+ Tuesday Night	Paul Jarosinski
60+ Wednesday Night	Stu Levy
55+ Thursday Night	Bill Madert
50+ Ron Schell League	Dave Hyder
Basketball (65+ and 70)	Jacky Loube (Acting)

<b>Program Coordinators</b>	
Volleyball	Shane Wu
Senior Olympics	George Huson
Internet Advisor	David Schardt

**REGISTRATION FORM FOR MCSSA ACTIVITIES**

Please indicate which activity you wish to participate in and enclose the proper amount as indicated below. The basketball leagues are for the 2017-18 season.

I want to play in the 60 and over Basketball League on Friday Afternoons (\$125.00).....\$ \_\_\_\_\_  
 Choose 5-on 5 or 3-on3

I want to play in the 70 and over Basketball League on Friday Afternoons (\$125.00).....\$ \_\_\_\_\_  
 Choose 5-on 5 or 3-on3

MCSSA Dues.(\$5.00)...(If not otherwise paid).....\$ \_\_\_\_\_

Optional: Donation to MCSSA to further the goals of MCSSA.....\$ \_\_\_\_\_

**TOTAL AMOUNT DUE** \$ \_\_\_\_\_

Name \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Date of Birth: \_\_\_\_\_

E-mail address \_\_\_\_\_ Emer contact: \_\_\_\_\_ Phone: \_\_\_\_\_

The participant assumes all risks associated with participation in the above activities. MCSSA assumes no liability for injury or damages arising from participation in these activities. Due to the strenuous nature of some activities, MCSSA encourages each participant to consult his or her physician concerning fitness to participate in the program. The participant consents to emergency treatment.

Signature \_\_\_\_\_

Mail this form with a check for the **TOTAL AMOUNT DUE** made out to:  
**MCSSA - 14320 Fairdale Road - Silver Spring MD 20905**

## All Star Teams



**Ron Schell 50+ All-Stars:** Front Row L to R Gary Fenstamaker, Brent Simmons, Karl Aro, Johnny Reimer, Frank Gervasi and Mike Kerdock. Back row L to R Ed Joseph, Jim Dugan, Bill Hauser, Dave Hyder, Dale Langdon, Ron Schell, Pete Ture and Eric Gregrich.



**Tuesday Night 50+ All-Stars:** Front Row L to R Mike Mosley, Matt Freeman, Dwight Entwistle, Mike Lippe and Chip Ayers. Back row L to R Fred Lewis, Paul McGinty, Paul Jarosinski, Jon Seining, Steve Fader and Ed McCaw.





(Continued from Page 3 **Hearst**)

In 1973 and 1974 I spent time with the Public Health Service assigned to the Coast Guard on Governors Island in the New York Harbor. I was the psychiatrist for all coast guard personnel on the east coast and in the Atlantic Ocean. After I received my honorable discharge as a Lieutenant Commander I went into private practice in Virginia Beach, VA. Washington U. was the first medical school to reject Freudian theory and base their program on medicine, biochemistry, genetics and psychopharmacology. With this modern training I was welcomed in the medical community and had to hire 4 psychiatrists and two psychologists to keep up with the referrals. We were the only practice in 200 miles to also test experimental medicines waiting on evaluation by the FDA (Food and Drug Administration). Several medical studies I conducted are published in respected medical journals. I was asked to teach medical students and psychiatric residents and given a honorary position as Assistant Clinical Professor of Psychiatry at the Eastern Virginia Medical School.

While practicing psychiatry I also managed and invested the pension and profit sharing plans for our medical corporation. My dad had traded stocks and got me interested in the stock market. In college I read every book I could find on stock market investing. As a psychiatry resident I started an investment club with the other doctors. While practicing psychiatry I registered with the SEC as an investment adviser and eight other physician practices gave me their pension plans to invest for them. I also joined the New York Futures Exchange and occasionally traded stock futures using hand signals in the chaotic trading pit in the World Trade Center. By 1988 I decided to mainly spend time with the investment business but that lasted only about 18 months until I got bored with it. Part time I still enjoy watching CNBC and trading my own retirement accounts. I decided to get back into research psychiatry by working at the FDA in Maryland. I reviewed new drug applications and certified if they were safe and effective and coordinated some FDA activities with the NIH. It was nice to no longer be on call for emergencies or need to make weekend hospital rounds. I enjoyed the change of pace and the camaraderie of the FDA. I still see my FDA friends on a regular basis. I only worked for the FDA 3/4 part time so that gave me extra time to begin playing sports.

As I turned 50 I started playing in the Ponce de Leon 48+ baseball league where we won the DC tournament championship my first year. I spent 22 years in that league and finally stopped a couple years ago. By 1994 I had joined bowling leagues and played basketball and

softball in Montgomery County leagues. There was a new men's softball team forming with age 50+ players that I joined called the "no names". It took us a long time to win our first game but we had lots of fun. Many of those players still are active with the MCSSA programs and are good friends to this day.

In June 2011 I retired and became a resident in The Villages, FL. This is the largest retirement community in the USA with 125,000 active retirees 50 miles north of Orlando. It has more than 38 free executive golf courses and 81 rec centers and pools. People call it Disney Land for adults with constant sports, clubs and activities. The softball leagues have field announcers who call out your name when you come to bat and the local newspaper writes up the games with your name and the team box scores. Mickey Rivers, who played for the Yankees in the 1970s, snow birds in The Villages. We play table tennis together and he has hung out at some of my softball games. Many impressive softball tournament teams play there including Ozzie and Jose Canseco's team.

I wear my sun hat in Florida and Maryland when I play softball. I have heard every joke possible about my hat through the years but always smile when someone thinks they have thought of a new joke about it. I started wearing it after a good friend died of malignant melanoma.

I have recently married Sherrie Sushner who is my best friend, snowbird partner and she even goes to Washington Nationals baseball games with me. What a dream come true!

I have had some modest success in sports and now have a silver Senior Olympic medal in men's doubles table tennis and three bronze Senior Olympic doubles medals in bowling, table tennis and pickle-ball in Maryland. In Florida Senior Olympics I have a silver medal and two bronze medals in men's doubles table tennis and I played with a basketball team that won a bronze medal. I continue to play all these sports and still enjoy my MCSSA games with the great group of guys here in Maryland.



## Super Senior Fall League Action



Kathy Reitz



Bob Marchone



Lee May



Kirsten Hawkins

**MCSSA**

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Silver Spring, Maryland 20905

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