



The Senior Athlete

Montgomery County
Senior Sports Association

Volume 24 No. 4
October 2, 2015

It's time to sign up for basketball!



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Dates to Remember

Oct 10 MCSSA Annual Meeting at Seibels Restaurant at 8:30 a.m.

Nov 6 MCSSA Holiday Party. Newbury Award and Spike Comeback award presented

Nov 8 Registration deadline for both 65+ and 70+ basketball leagues sign up

Dec 7 Basketball season begins

Jan 5 Indoor softball begins (Tuesdays and Thursdays) at the Rockville Sportsplex

MCSSA, together with the Montgomery County Recreation Department, will offer both 65+ and a 70+ basketball league starting in December, on Sunday afternoons and Friday afternoons respectively. All games will be at the Bauer Drive Community Center, 14625 Bauer Drive, Rockville, MD. Game times on Sundays for 65+ and on Fridays for 70+ will be 12:30 and 1:45.

You are eligible to play in the 65+ league if you were born in 1951 or earlier and in the 70+ league if you were born in 1946 or earlier. Cost is \$125 per player per league. If you want to play, please fill out the registration form located on Page 9 of the current edition of *The Senior Athlete*, then send it and a check to MCSSA, 14320 Fairdale Road, Silver Spring MD 20905. Registration begins October 1 and ends November 8. You may play in both leagues if you meet the age criteria.

All senior basketball league games are 5-on-5, full court, played with professional officials, a timekeeper, and a scorekeeper. Both the 65+ and the 70+ leagues will be "draft" leagues with players drafted or assigned to four (or five) teams. The season will consist of nine scheduled games plus one or two playoff games. Players will be assigned to teams in late November and the season will start December 6 (65+) and December 11 (70+).

Spread the word. We need enough players for a minimum of four teams in each league. The leagues will play only if there are enough interested players. Some of you may be asked to coach and help draft or assign players to teams. For more information contact John Medford, jmedfo@comcast.net, 410-923-6772.



From the Editor's Desk:

* * * * *

As the fall season begins we once again get back to some of our favorite winter sports. Bauer Drive Recreation Center is the venue for two of the popular programs. On Tuesday and Thursday mornings from 9:30 to 11:30 (most people arrive around 9:00 and play gets underway as soon as the first eight players arrive) it is walk-in basketball. On Monday and Wednesday mornings from 10:30 until noon, you will find walk-in volleyball for both men and women. On Fridays from noon until 2:00 pm, volleyball is played at the Mid-County Recreation Center, located just off Layhill Road. And, don't forget indoor softball begins on January 5, 2016 at the Rockville Sportsplex.

* * * * *

Now hear this! Now hear this! Unless we get someone to step up and take charge of the MCSSA Picnic, there will be no more picnics.

* * * * *

Standings for the Fall Softball Leagues will be posted in the next edition of *The Senior Athlete*.

* * * * *

The MCSSA Annual Meeting will take place on Saturday, October 10, 2015 at 8:30 a.m. at Seibels Restaurant in Burtonsville. Breakfast will be provided.

* * * * *

Chyp and Andrea will provide entertainment at our annual awards banquet. You will remember them from two years ago.

* * * * *

Speaking of the MCSSA Annual Awards Banquet, this year we have been asked by the Golden Bull restaurant to begin and end our event thirty minutes earlier than in the past because they have an event following ours. So the schedule will be Cash bar cocktail hour from 5:00 until 6:00. Dinner from 6:00 to 7:00. Awards from 7:00 to 8:00 (or as soon as the awards are completed). Entertainment from 8:00 to 9:00.

* * * * *

It is regrettable that the Maryland Senior Olympics softball tournament was cancelled this year. Only three teams entered, which is indicative of a non-qualifying year for Olympic competition.

The Newbury Award

It is time to submit your recommendations for the William E. (Bill) Newbury Memorial Award. The award will be presented at the MCSSA Holiday Dinner, on Friday, November 6, 2015 at the Golden Bull Restaurant in Gaithersburg, beginning at 5:00 p.m. The evening begins with a cash bar cocktail hour (with a cash bar), with dinner at 6:00, awards program at 7:00, followed by entertainment. The cost will be \$35.00 per person.

The criteria for nominating people for the award are listed below. The award is presented to individuals whose contributions are recognized in one or more of the following Areas:

- 1) By outstanding athletic ability and performance which would tend to reflect on MCSSA (such as a league Most Valuable Player, or recognition by a National program or organization, or sustained high level of performance;
- 2) By voluntary service to the organization through sustained involvement in a superior and noteworthy endeavor;
- 3) By virtue of a significant financial contribution or through services in-kind.

The committee that will evaluate nominations and make recommendations for selection consists of Jerry Cohen, Chair; Bill Birmingham, Carmen Campbell and last year's recipient, Susan Lake. Nominations can be sent directly to any member of the committee, or to MCSSA. A nomination form, for your convenience and for the ease of evaluating the contenders, is available on Page 7 of this edition of *The Senior Athlete*.

In Memoriam

Sylvia Adam
(Wife of Ron)

Greg Birmingham
(Son of Bill and Shirley)

Ruth Baxter
Feb 1934—Sep 2015

Bill Steed
Aug 1938—Sep 2015

The Senior Athlete is a publication of the Montgomery County Senior Sports Association (MCSSA) and is published four times a year, at the beginning of each quarter (January, April, July and October) to members in good standing. MCSSA is a non-profit organization exempt from Federal Income Taxes under section 501(c)(3) of the Internal Revenue Code. Submit articles and/or changes of address to:

MCSSA
14320 Fairdale Road
Silver Spring, Maryland 20905

MCSSA Personality Profile Pam & Jim Ehrenfried



PAM

I was born in Washington, D.C., but grew up in Hyattsville, MD. Most of you probably don't know that I have an identical twin sister. As we've grown older, we don't look as much alike as we did when we were younger, but some people still can't tell us apart. I also have an older sister and brother. I graduated from Bladensburg High School in 1976. Although I did not play sports in high school I was very active in the boys and girls club playing softball. During junior and senior high school my main interests were horses. I started riding in junior high and was lucky enough to get a horse of my own which I rode competitively in horse shows.

After high school I worked at various jobs until 1979, when I was hired by C&P Telephone Co. as a 411 operator. I stayed in that position for a year and then joined AT&T as an administrative assistant. I continued in that job for five years which is where I met Jim. I filled in for his Admin for a couple of weeks and we've been together ever since. I left the phone company in 1985 to stay at home and raise my daughter from a previous marriage.

In 2009 my twin sister and I opened our own business in Highland, MD. Our dream was to always work together and when this opportunity opened up we jumped on it. We own a clothing/gift boutique which

PAM (Continued on Page 10)

JIM

I was born in Philadelphia and grew up in a farming area north of the city, Newportville, PA. I spent most of my early years working as a farmer, milking cows, raising chickens, pigs and sheep. My older brother and I also raised corn, tomatoes and other vegetables and sold them around the town. I made up my mind at about age twelve that I would not be a farmer in the future!

Grades 1 through 6 were spent in a 2-room schoolhouse with two teachers, two outhouses and no school buses. We walked two miles to and from school. That's how things were in that time. Junior High was much better, a regular school with indoor plumbing. I played football, basketball and baseball and enjoyed that much more than grade school. Then I attended high school in Bristol, PA. and again played all three sports. We had a dance every Saturday night with either a DJ or a real band. I really enjoyed high school but like a lot of us at this age, most of our friends are gone.

I graduated in June 1952 and started to work for Bell Telephone of PA., part of "Ma Bell," as a lineman. I changed jobs quite frequently and continued to move up until I finally retired with my final position as Vice President of Operations from Maine to Virginia. During my thirty plus years with AT&T I worked in Pennsylvania, Maryland, Virginia, West Virginia, Delaware, New Jersey,

Jim (Continued on Page 10)

ALL STAR TEAMS



Ron Schell League All-Stars



Tuesday Night 50+ All-Stars



Ross Emerson League All-Stars

TAIT Tournament



75+ Champions Hamel Builders



65+ Champions Senior Sages



Wednesday Night 60+ All-Stars



Spring Softball Final Standings

Women's Monday Night League

<u>Team</u>	<u>Won</u>	<u>Lost</u>	<u>Tied</u>	<u>Points</u>
Sparks, Stein & Sperling	15	2		30
TST	14	2		28
Like a Fine Wine	6	8		12
Old Bats	4	10		8
Tornados	0	17		0

Commissioner: Carmen Campbell

Wednesday Night Men's 60+ League

	<u>Won</u>	<u>Lost</u>	<u>Tied</u>	<u>Points</u>
Ron's A/C	16	3	1	33
Ledo Pizza Wheaton	13	6	1	27
Member Car Stars	9	10	1	19
Mustangs PJ's Sports	8	12		16
Blue & Gold	2	17	1	5

Commissioner: Joe Fry

Tuesday Night Men's 50+ League

<u>Division "A"</u>	<u>Won</u>	<u>Lost</u>	<u>Tied</u>	<u>Points</u>
Maryland Cougars	17	3		34
Spicer	16	3	1	33
Gaithersburg Rentals	7	10	1	10
Michael & Sons	5	15		10
Grim Reapers	2	16		4
<u>Division "B"</u>				
Armands	14	4	2	30
Nats	11	7	1	23
Hamel	8	11		16
Marauders	4	15	1	9
<u>Division "C"</u>				
Raiders	15	4	1	31
Meyers & Meighan	14	4	1	29
Silverado	7	12		14
Stylers	2	18		4

Commissioner: Paul Jarosinski

Ron Schell Draft League 50+

<u>Team</u>	<u>Won</u>	<u>Lost</u>	<u>Tied</u>	<u>Points</u>
Midnight Special	13	5	2	28
Blue Knights	11	9		22
Green Hornets	8	12		16
Legends	6	12	2	14

Commissioner: Dave Hyder

Super Senior League Monday Mornings

<u>Team</u>	<u>Won</u>	<u>Lost</u>	<u>Tied</u>	<u>Points</u>
Tigers	16	6	2	34
Bobcats	16	6	2	34
Jaguars	14	9	1	29
Lynx	14	9	1	29
Cougars	9	13	2	20
Lions	8	14	2	18
Panthers	2	22		4

Commissioner: Ed Guillette

CoRec Wednesday Morning League

<u>Division "A"</u>	<u>Won</u>	<u>Lost</u>	<u>Tied</u>	<u>Points</u>
Athletic House *	20	1		40
PJ's Sports	14	6	1	29
Senior Moments	7	13	1	15
<u>Division "B"</u>				
CoStars	10	11		20
Pleasants Construction	6	12	3	15
Eagles	3	17	1	7

Commissioner: Don Juran

<u>Ross Emerson Men's 60+ League</u>	<u>First Half</u>		<u>Second Half</u>	
<u>Team</u>	<u>Won</u>	<u>Lost</u>	<u>Won</u>	<u>Lost</u>
Dust Busters *	14	6	16	4
Senators	18	2	13	7
Good Sports	14	6	14	6
Fire Balls	9	11	7	13
Centurions	0	20	8	12
Patriots	5	15	2	18

Commissioner: Jacky Loube

Thursday Night Men's 55+ League

<u>Division "A"</u>	<u>Won</u>	<u>Lost</u>	<u>Tied</u>	<u>Points</u>
Senior Ballers	7	5		14
Chartwell Builders	6	6		12
Hamel	5	7		10
<u>Division "B"</u>				
Meyers Meighan	4	2		8
Borrachos	3	3		6
Marauders	2	4		4
<u>Division "C"</u>				
Blue and Gold	7	9		14

Commissioner: Don Juran (Interim)

All-Star Games Results

HOME 18	PERIOD INNING 9	GUEST 14
Wednesday Night 60+ All-Stars		Ross Emerson All-Stars

HOME 20	PERIOD INNING 9	GUEST 15
Ron Schell All-Stars		Tuesday Night 50+ All-Stars



Parke Brewer delivers the pitch for the Tuesday Night 50s



Looks like family rivalries...or not



Paul Jarosinski belts one out For the Tuesday Night 50s



Charles Murkey counters for the Ross Emerson League

Nomination Form
4th Annual
“Spike” Comeback Kid Award

I would like to nominate _____

List in detail the factors that should be considered for presentation of this award (on a separate sheet of paper).

The award committee will evaluate the nominations, for either man or woman, based on the data submitted justifying your candidate's accomplishments.

Richard Sherman will chair the committee of Spike Bauroth, Sam Milwit, Jim Bone and Rick Silas and submissions can be made either by U.S Mail addressed to Richard Sherman, 15403 Wentbridge Court, Silver Spring, MD 20906 or by email to rgsappraising@verizon.net.

Nominations should be submitted by Tuesday, October 13, 2015.

Your Name: _____

Signature: _____

Abbreviated Nomination Form
13th Annual
William E. (Bill) Newbury Memorial Award

I would like to Nominate _____

List in detail why your nominee's contributions should be considered for this award (*The more information you can provide, the better*):

All nominations must be received by Tuesday, October 13 2015

To submit a nomination, simply send by e-mail to one (or all) of the following committee members:

Carmen Campbell—carmen9000@comcast.net
 Susan Lake—cel1026@aol.com
 Bill Birmingham—wfbham@aol.com

Or, send through the U.S. Postal Service to:

Jerry Cohen
 2901 S Leisure World Blvd #531B
 Silver Spring, MD 20906
 leftjyc@aol.com

Your name: _____

Signature: _____

Maryland Senior Olympics

Track and Field Results

<u>Age Group</u>	<u>Name</u>	<u>Medal</u>	<u>Event</u>
75	Gloria Hong	Gold	50m Dash
		Gold	100m Dash
		Silver	Shotput
		Silver	Discus Throw
		Gold	Javelin Throw
		Gold	Softball Throw
		Gold	Football Throw
		Gold	Frisbee Throw
75	Richard Sherman	Gold	50m Dash
		Gold	100m Dash
		Gold	Softball Throw
		Gold	Football Throw
80	Jim Condell	Bronze	Long Jump
		Bronze	Standing Long Jump
		Gold	Triple Jump
		Bronze	Shotput
		Gold	High Jump
		Gold	Pole Vault
80	Alan Reffkin	Gold	Softball Throw
		Gold	Football Throw



Remember....Indoor softball drills begin on Tuesday, January 5, 2016

MCSSA Board of Directors

<u>Office</u>	<u>Incumbents</u>
President	Jim Ganz
Vice-President	Don Juran
Secretary	Dan Mann
Treasurer	John Rice

Other Board Members

League Commissioners

Women's Masters (Monday Night)	Carmen Campbell
Super Senior League (Mon a.m.)	Ed Guillette
60+ Ross Emerson League	Jacky Loube
Co-Rec Wednesday Morning	Don Juran
50+ Tuesday Night	Paul Jarosinski
60+ Wednesday Night	Joe Fry
55+ Thursday Night	Don Juran (Interim)
50+ Ron Schell League	Dave Hyder
Basketball (50+, 55+ and 60+)	David Schardt
Basketball (65+ and 70)	John Medford

Program Coordinators

Volleyball	Stan Way
Senior Olympics	George Huson
Internet Advisor	David Schardt

REGISTRATION FORM FOR MCSSA ACTIVITIES

Please indicate which activity you wish to participate in and enclose the proper amount as indicated below. The basketball leagues are for the 2015-16 season. **MCSSA Dues are included in the registration price.**

I want to play in the 65 and over Basketball League on Sunday Mornings (\$125.00).....\$ _____

I want to play in the 70 and over Basketball League on Friday Afternoons (\$125.00).....\$ _____

MCSSA Dues.(\$5.00)...(If not otherwise paid).....\$ _____

Optional: Donation to MCSSA to further the goals of MCSSA.....\$ _____

TOTAL AMOUNT DUE \$ _____

Name _____ Phone: _____

Address: _____

City: _____ State _____ Zip _____ Date of Birth: _____

E-mail address _____ Emer contact: _____ Phone: _____

The participant assumes all risks associated with participation in the above activities. MCSSA assumes no liability for injury or damages arising from participation in these activities. Due to the strenuous nature of some activities, MCSSA encourages each participant to consult his or her physician concerning fitness to participate in the program. The participant consents to emergency treatment.

Signature _____

Mail this form with a check for the TOTAL AMOUNT DUE made out to MCSSA to:
MCSSA - 14320 Fairdale Road - Silver Spring MD 20905

PAM (Con't from Page 3) we named "Serendipity" and have been honored to win best boutique in Howard County for the past four years.

When I'm not working or playing softball I like to work out with my daughter, who is a personal trainer, and travel with her to watch her compete in triathlons and half-marathons. I have also completed in two Half-Marathons in the past five years. My hobbies include photography, hiking and birding. This year I entered my first photograph in the Howard County Fair and won 3rd place in my division.

JIM (Con't from Page 3) New York, Nevada and California. I also was drafted in 1957 and spent two years in the Army, mostly in training at Fort Monmouth and Aberdeen. I graduated from Rider University with a degree after spending six years attending night school.

After AT&T I worked for Nortel Networks in Virginia for eight years as director of sales for the east coast.

My only encounter with baseball beyond high school was a tryout with the Brooklyn Dodgers. That lasted one day when I was told to have a good life but it will not be in baseball!!! Oh, well, I tried.

PAM and JIM

Many of you know there is a few years difference in age between us. When AT&T transferred me from Nevada to Maryland in 1964, Pam was six years old. Needless to say we did not meet when I first came to Maryland, but with the breakup of AT&T we met in 1984 when we were both working for AT&T. Shortly after the breakup I was transferred to New York City. After a year in New York I had enough and retired. Within a few weeks I started working with Nortel Networks. Pam and I were married in 1987 and moved to Olney, MD.

We both started playing softball in the Montgomery County Co-Rec League, 5 men and 5 women, in 1988 and after 25 years called it quits in 2012, mainly because our team had an average age of 50 plus and were playing against youngsters in their 20s, 30s and 40s. Pam and I had managed the team for the previous 23 years. Pam joined me on the Senior Moments team in 2002 and we are both still playing. Pam is a great infielder, great hitter and one of the fastest runners in MCSSA, running for herself and others almost every inning. She also played on the Montgomery County Women's league for two years and now plays in the Super Senior League. Don't know what I would do without her playing and keeping me straight. I played in the 55+ league, the Tuesday-Thursday league and now in the CoRec and Super Senior leagues. I am doing everything I can to keep in shape and take care of Pam as she ages!!!! Some joke, huh?

Together we have a great combined family. I have four kids and nine grandchildren and Pam has one daughter. We are very lucky that none of the kids have ever been in trouble and are all successful in their careers.

We both thank MCSSA, especially Bill Tait and Jim Ganz for making our life more meaningful and enjoyable. We both expect to play at least 15 more years.



Paul (Pee Wee) Reece on the All-Star mound



Larry Dorsch also trying for an All-Star hit



Carmen Campbell

An Appreciation

By Janet Mitchell

“PIONEER” [payh-uh-neeer]

noun. 1. a person who is among those who first enter or settle a region, thus opening it for occupation and development by others. 2. one who is among the first or earliest in any field of inquiry, enterprise or progress.

verb 1. to be the first to open or prepare a way, settlement, etc 2. to lead the way for a group

adjective being the earliest, original, first of a particular kind, etc.

synonyms leader, trailblazer, forerunner, pathfinder.

On Thursday, September 25, Carmen Campbell was inducted into the National Senior Softball Hall of Fame as a Pioneer of the game. Nothing could be more appropriate and well-deserved. No matter which definition of the word you select, 'pioneer' is applicable to Carmen's contributions to women's senior softball.

Carmen continues playing in the 75 and over age group and in the Monday night women's master's league in Montgomery County. She is as competitive as any player and she will never give up no matter what the game situation. She never complains about aches and pains and whether she's competing against someone her own age or someone 25 years

younger, she gives everything she has to try and win. Her dedication and approach continue to inspire all of us who play with her and against her team.

And as long-time league commissioner, Carmen works tirelessly to support and improve the league. She has handled scheduling, interfacing with the recreation department with umpires, and with the field maintenance crews. Perhaps one of the most difficult tasks of the commissioner is handling problems and disagreements in the league. Carmen has always managed to resolve these with calm fairness, dignity and grace, truly making decisions that are in the best interest of the league and its teams.

But Carmen is not all about playing. Her dedication to improving opportunities for women to play senior softball is unparalleled.

Not only is Carmen the long-time commissioner of the women's Monday night league, she is also a commissioner for the Maryland Senior Olympics. Carmen almost single-handedly recruits anyone interested in senior softball to participate in the Olympics, encouraging everyone regardless of their experience to join the fun. She has formed teams for those who cannot find a team to join, spending her own time and money to make sure everyone can participate.

On the national stage, Carmen has participated in numerous efforts to enhance and improve women's senior softball across the country. She was the east coast representative on the women's senior softball commission, again spending her own time and money to travel to meetings around the country, all with the intent of improving the game for women.

Carmen Campbell is truly and inspiration both in her continuing participation on the field and in her dedication to improving the game for others.

Congratulations, Carmen, on your well-deserved recognition. And thank you. Because of you, opportunities are available for many, many women who would otherwise be unable to play senior softball.

Congratulations from the entire

Hall of Fame inducts Cliff Crown

Congratulations to Cliff Crown for his induction into the Howard County Community Sports Hall of Fame.

In search of a chance to play softball, Crown answered an ad seeking men for a 55+ pickup softball program. Soon after joining, Crown became the organizer of the group, which made its debut in April 1994 with only 12 men.

The program now has more than 45 participants.



Larry Tubman catching, Tony Onley hitting in the Tait Tourney



Ray Wimbrough pitching in the Tait Tourney



Dick Hill making the force out at second in the Tait Tourney



Bill Ehatt about to drive the ball in the Tait Tourney

MCSSA

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www.montgomerycountyseniorsports.org

