



The Senior Athlete

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It's time to sign up for basketball!



MCSSA together with the Montgomery County Recreation Department will offer both a 65+ and a 70+ basketball league starting the first week in December. The 65+ league will play on Sunday afternoons and the 70+ league will play on Friday afternoons. Both leagues will play their games at the Bauer Drive Community Center, 14625 Bauer Drive, Rockville, MD. Sunday 65+ game times and Friday 70+ game times will both be 12:30 and 1:45.

You are eligible to play in the 65+ league if you were born in 1949 or earlier. You are eligible to play in the 70+ league if you were born in 1944 or earlier. Cost is \$120 (\$115 league fee plus \$5 MCSSA dues) per player per league. If you want to play, please fill out the registration form located on Page 9 of the current edition of *The Senior Athlete*, then send it and a check to MCSSA, 14320 Fairdale Road, Silver Spring MD 20905. Registration deadline is November 8. You may play in both leagues if you meet the age criteria.

All senior basketball league games are 5 on 5 full court played with professional officials, a timekeeper, and a scorekeeper. Both the 65+ and the 70+ league will be "draft" leagues with seven or eight players selected for each of four (or five) teams. The season will consist of nine scheduled games plus one or two playoff games. Players will be assigned to teams in late November and the season will start the first week of December.

Spread the word. We need enough players for a minimum of four teams in each league. The leagues will play only if there are enough interested players. Some of you may be asked to coach and help draft or assign players to teams. For more information contact John Medford, jmedfo@comcast.net, 410-923-6772.

Inside this issue:

<i>Personality Profile</i>	3
<i>Tait Tournament Photos</i>	4
<i>Spring Softball Standings</i>	5
<i>Newbury Award Nomination form</i>	7
<i>Olympic Medalists</i>	8
<i>MCSSA Registration Form</i>	9

Dates to Remember

Oct 12 MCSSA Annual Meeting at Seibels Restaurant

Nov 8 MCSSA Holiday Party. Newbury Award presented

Nov 11 Registration deadline for both 65+ and 70+ Basketball

Dec 1 Basketball season begins

Jan 2 Indoor softball begins (Tuesdays and Thursdays) if we find a place.



From the Editor's Desk:

Sorry that both Softball and Volleyball were cancelled from the Maryland Senior Olympics this year. Very few teams enrolled and this not being a qualifying year may explain why this happened

* * * * *

With the Fall season of the year, we once again get back to some of our favorite winter sports. Bauer Drive Recreation Center is the venue for two of the popular programs. On Tuesday and Thursday mornings from 9:30 to 11:30 (most people arrive around 9:00 and play gets underway as soon as the first eight players arrive) it is walk-in basketball. On Monday and Wednesday mornings from 10:30 until 12:30, you will find walk-in volleyball for both men and women. On Fridays from Noon until 2:00 pm, volleyball is played at the Mid County Recreation Center, located just off Layhill Road. And, don't forget indoor softball begins on January 2, 2013 at a place to be announced

* * * * *

We are still looking for someone to shadow John Rice in his job as Treasurer for MCSSA.

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Standings for the Fall Softball Leagues will be posted in the next edition of *The Senior Athlete*.

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MCSSA Annual Meeting will take place on Saturday, October 12, 2013 at 8:30 a.m. at Seibels Restaurant in Burtonsville. Breakfast will be provided.

* * * * *

I have been exploring facilities for our indoor softball drills because Champions Field House closed. When I find a place that would fit our needs, their prices would be too prohibitive. It seems they would rather have vacant fields than rent to us at a reasonable price. I will keep trying. Standby for late breaking news.

The Newbury Award

It is time to submit your recommendations for the William E. (Bill) Newbury Memorial Award. The award will be presented at the MCSSA Holiday Dinner, on Friday, November 8, 2013 at the Golden Bull Restaurant in Gaithersburg, beginning at 5:30 p.m. The evening begins with a "No Host" cocktail hour (with a cash bar), followed by dinner at 6:30 and Awards Program at 7:30. The cost will be \$33.00 per person.

The criteria for nominating people for the award is listed below. The award is presented to individuals whose contributions are recognized in one or more of the following areas:

- 1) By outstanding athletic ability and performance which would tend to reflect on MCSSA (such as a league Most Valuable Player, or recognition by a National program or organization, or sustained high level of performance;
- 2) By voluntary service to the organization through sustained involvement in a superior and noteworthy endeavor;
- 3) By virtue of a significant financial contribution or through services in-kind.

The committee that will evaluate nominations and make recommendations for selection consists of Jerry Cohen, Chair; Spike Bauroth Bill Birmingham and last year's recipient Carmen Campbell. Nominations can be sent directly to any member of the committee, or to MCSSA. A nomination form, for your convenience and for the ease of evaluating the contenders, is available on Page 7 of this edition of *The Senior Athlete*.

In Memoriam

Tom Folkes
July 1934—August 2013

Laura Way
(Wife of Stan Way)

The Senior Athlete is a publication of the Montgomery County Senior Sports Association (MCSSA) and is published four times a year, at the beginning of each quarter (January, April, July and October) to members in good standing. MCSSA is a not-profit organization exempt from Federal Income Taxes under section 501(c)(3) of the Internal Revenue Code. Submit articles and/or changes of address to:

MCSSA
14320 Fairdale Road
Silver Spring, Maryland 20905

MCSSA Personality Profile John Elsbree



I've been lucky, almost everywhere I have lived, studied or worked, there have been opportunities to play ball of one sort or another. I attended elementary school in Hanover, NH. In Hanover we played a game with a tennis ball and a small light bat. We never needed more than three to play what we called 'scrub' – the batter had to get to first and back to home before the fielder(s) got the ball back to the pitcher at home plate. Fielding was easier with four or five. Summers were spent in those pre-war days in Preston Hollow, NY, in a house on my Grandparent's dairy farm. It was there that I first was on an 'organized' hardball team. Every boy in this very small farming town and the surrounding area was on the team. At age nine I was the second youngest on the team. I was stationed at 3rd base. The pitchers on our team and the teams we played against were always the biggest and oldest and strongest so almost no one pulled the ball in my direction. Good thing, as I don't remember being able to throw all the way to first base. (We played on a full size field.) This team had no manager – the older boys ran it. Adults (mothers) were used only for transportation and, sometimes, score keepers. Little League didn't reach Preston Hollow until at least the 1970's. Incidentally, our home field was my grandfather's night cow pasture. This meant that before every game or practice we had to clean the infield. Outfielders were expected to be able to dodge the cow patties. The field had been a ball field since early in the 20th century and is still one – but is now part of a town park and there are no more cows.

In 1944 my parents divorced. We moved to Preston Hollow permanently and I started attending Middleburgh Central School. Again the population of the school – we had only 16 boys in my graduating class – meant that almost anyone that wanted to could play on the athletic teams. I had a bout of rheumatic fever my sophomore year and was out of sports for a while. I was on the baseball squad my junior year, but played little. Rheumatic fever had robbed me of what little running speed I had. Senior year I was the slow but steady starting left fielder and actually had a pretty good batting year. After both my junior and senior years and my freshman year in college I played on the Preston Hollow town team – yes, on the same night cow pasture field. It was on that team that I became again a third baseman and later a catcher. It was on these two teams, high school and town, that I learned that pitchers are not to be trusted. Two examples: First; our town team played against a team from Middleburgh that had our high school pitcher as a starter. Almost every time he got two strikes on me he would strike me out. He told me some years later that he knew that I didn't do well on pitches in on my hands. (Jim Ehrenfried knows this too, but so do I now, so I try not to swing at them.) Second; probably the best pitcher in our high school league pitched for our ancient rival Schoharie. Being a keen analyst of pitchers I noted that his first pitch was almost always a fast ball – which was really unhittable. His second pitch was almost always a curve – quite hittable. My first time up in the second game we played them, I waited for the second pitch and got a clean hit. My next time up, I applied the same strategy. The second pitch this time was a fast ball aimed at me. Dumb me froze and took the pitch on the arm. He later told me that he wasn't really stupid enough to allow me to get away with my strategy twice.

My first real introduction to softball was in college. I had played pick up softball in junior and senior high school, but never anything serious. In college I played intramural softball. Softball in college was semi serious and I loved it, but it wasn't fast pitch. I left college in the middle of my sophomore year and joined the Army. While stationed in Japan I was introduced to real fast pitch softball. The team I played on had two pitchers from Pittsburg industrial leagues. One was a better than the other and so hard to catch that the other pitcher, who knew how the guy could move the ball, was made to catch him. Even in practice I don't think I

(Elsbree Continued on Page 6)

ALL STAR TEAMS



Ross Emerson League All Stars

TAIT Tournament Champions



75+ Champions Hamel Builders



Wednesday Night 60+ All Stars



70+ Champions Hamel Builders



Ron Schell League All Stars



**Bill Tait presents the trophy to 65+ Champions
Manager. Jacky Loube**



Spring Softball Final Standings

Women's Monday Night League

<u>Team</u>	<u>Won</u>	<u>Lost</u>	<u>Tied</u>	<u>Points</u>
Sparks, Stein & Sperling	11	1		23
TST	10	3	1	21
Like a Fine Wine	6	5	1	13
Tornados	5	7		10
Old Bats	0	15	1	1

Super Senior League Monday Mornings

<u>Team</u>	<u>Won</u>	<u>Lost</u>	<u>Tied</u>	<u>Points</u>
Jaguars	18	0	2	38
Cougars	9	10	1	19
Tigers	9	11		18
Bobcats	9	11		18
Lions	8	11	1	17
Panthers	5	15		10

Ross Emerson Men's 60+ League

<u>Team</u>	<u>Won</u>	<u>Lost</u>	<u>Tied</u>	<u>Points</u>
Senators	31	7		62
Good Sports	23	14	1	47
Dust Busters	21	17		42
Fire Balls	19	19		38
Centurions	11	26	1	23
Patriots	8	30		16

CoRec Wednesday Morning League

<u>Division A</u>	<u>Won</u>	<u>Lost</u>	<u>Tied</u>	<u>Points</u>
The Tavern	13	7		26
PJ's Sports	13	7		26
Senior Moments	9	11		18
Division B				
CoStars	16	4		32
Rockers	6	14		12
Eagles	3	17		6

Tuesday Night Men's 50+ League

<u>Division "A"</u>	<u>Won</u>	<u>Lost</u>	<u>Tied</u>	<u>Points</u>
Maryland Cougars	2	0		4
Spicer	2	0		4
Gaithersburg Rentals	0	0		0
Division "B"				
ReMax	2	0		4
Marauders	2	2		4
Hamel	1	1		2
Stylers	1	1		2
Armands	0	4		0
Division "C"				
Meyers & Meighan	14	5		28
Nats	10	10		20
Silverado	10	10		20
Raiders	9	11		18
Union Jacks	9	10		18
Blue & Gold	7	13		14

Wednesday Night Men's 60+ League

<u>Division A</u>	<u>Won</u>	<u>Lost</u>	<u>Tied</u>	<u>Points</u>
Spicers	12	4		24
Ron's A/C	9	6	1	19
Division B				
MemberCar Stars	13	7		26
Blue & Gold	3	16	1	7
Division C				
Mustangs PJ's Sports	14	6		28
Ledo Pizza Wheaton	13	7		26
Blue & Gold	1	19		2

Thursday Night Men's 55+ League

<u>Division "A"</u>	<u>Won</u>	<u>Lost</u>	<u>Tied</u>	<u>Points</u>
Senior Ballers	2	0		4
Marauders	2	2		4
Hamel	0	0		0
Division "B"				
Meyers Meighan	0	0		0
Blue and Gold	0	2		0

Ron Schell Draft League 50+

<u>Team</u>	<u>Won</u>	<u>Lost</u>	<u>Tied</u>	<u>Points</u>
Midnight Special	13	6	1	27
Green Machine	12	7	1	25
Legends	7	12	1	15
Long Riders	6	13	1	13

(Elsbree from Page 3)

ever hit a ball to the third base side of second base when he was pitching.

After the Army I finished college. I met Anne while still in college. Anne and I were married in the spring of 1957. That is still the smartest thing I ever did. My first job after graduation in 1956 was with the Government at the Army Chemical Center in Edgewood MD. While I was at the Chemical Center and our son and older daughter were born. Our younger daughter was born after we moved to Bethesda in 1961 and I went to work in the then Department of Health, Education and Welfare at NIH. I spent the rest of my career in various personnel jobs in various parts of HEW.

I was able to play on softball teams at the Army Chemical Center and NIH. Only once in a while did I have to face a real fast pitch pitcher. The results when I did were strikeouts and pop flies. I spent my last 17 working years in the Parklawn Building in industrial south Rockville and my last job was as the personnel officer for the Public Health Service. My boss for the last few years was a baseball fanatic and insisted the units under him have softball teams. So, we had a very informal league and a quality of softball that makes the Monday league look professional. But it did renew my interest in playing.

Anne and I were married in the spring of 1957. That is still the smartest thing I ever did.

It was in 1991 after I had retired that I learned about MCSSA and slow pitch softball. I answered a newspaper ad for players and started playing in the Wednesday Co-rec league. Bill Gordon was my first manager. Of the players on that team I really only remember Bill Birmingham. Soon after I started doing volunteer work that interfered with day playing and next became a member of a new evening team. Fred Taylor was the manager. A lot of the same men I play with now were on that team at one time or another. (I will not try to name them because I know I would leave some out) Some of the players, like Bob Stroup, Fred Carlin, John Powderly and Bucky Beavers are no longer with us. Others like Ross Emerson are not able to play anymore. Ken Ryland and Jim Ehrenfried were later managers of essentially the same team. That team gave me my first taste of tournament play. We went to the National Senior Olympics a couple of times as well as other events. They were great fun because sometimes the wives went along, making the tournaments a social as well as an athletic event.

When the Tuesday Thursday league was first formed I played on Bill Newbury's team. I think that that team's 16 and 0 record one fall was the impetus to make that league a draft league. George Schlapo was the Commissioner then and he proposed the change. I quit night play soon after that league started – I had trouble seeing the ball at night when playing outfield. I played and managed in the Tuesday Thursday league for several years, only stopping when I got close to 80. I now play in the Monday 70+ league and love it. I also still play with Jim Ehrenfried's Senior Moments team on Wednesday, but not awfully well. Those 60 year old kids are too fast and strong. I umpired for a few years for the Tuesday Thursday league. It was fun, most of the time, but being on my feet for 2 ½ hours got old and I had a chance to play golf on Tuesdays.

I still love playing ball just as much as I did when I was a kid. Playing in the mornings seems a little like playing hooky from day to day responsibilities. One of the big pluses of playing is the new friends that we have made over the years. It is always a treat to be going out to Olney.



Don Juran's 70+ team in the Tait Tournament



Frank Carlman hoping his free throw goes in the basket in 70s action

**Nomination Form
2nd Annual
"Spike" Comeback Kid Award**

I would like to nominate _____

List in detail the factors that should be considered for presentation of this award (on a separate sheet of paper).

The award committee will evaluate the nominations, for either man or woman, based on the data submitted justifying your candidate's accomplishments.

Richard Sherman will chair the committee of Spike Bauroth, Sam Milwit, Larry Thompson, Jim Bone and Rick Silas and submissions can be made either by U.S Mail addressed to Richard Sherman, 15403 Wentbridge Court, Silver Spring, MD 20906 or by email to rgsappraising@verizon.net.

Nominations should be submitted by Tuesday, October 15, 2013.

Your Name: _____

Signature: _____

**Abbreviated Nomination Form
9th Annual
William E. (Bill) Newbury Memorial Award**

I would like to Nominate _____

List in detail why your nominee's contributions should be considered for this award (*The more information you can provide, the better*):

All nominations must be received by Tuesday, October 15, 2013

To submit a nomination, simply send by e-mail to one (or all) of the following committee members:

Or, send through the U.S. Postal Service to:

Carmen Campbell—carmen9000@comcast.net
Spike Bauroth—ekips3@verizon.net
Bill Birmingham—wfbham@aol.com

Jerry Cohen
2901 S Leisure World Blvd #531B
Silver Spring, MD 20906
leftjyc@aol.com

Your name: _____

Signature: _____

Maryland Senior Olympics

Individual Medal Winners:

Gloria Hong	Javelin	Gold
	100 Meter Dash	Gold
	Discus	Gold
	Softball Throw	Gold
	Football Throw	Gold
	Frisbee Throw	Gold
	Running Long Jump	Silver
	10 Pin Women's Doubles	Silver
	10 Pin Mixed Doubles (w/George Izumi)	Bronze
	Sandy Triolo	100 Meter Dash
50 Meter Dash		Gold
Javelin		Silver
Jim Condell (80-85)	High Jump	Gold
	Triple Jump	Gold
	Standing Long Jump	Gold
	Running Long Jump	Silver
	Discus	Silver
	Shot Put	Silver
Alan Reffkin (75-79)	Softball Throw (new Record 160')	Gold
	Football Throw	Gold
Richard Sherman (70-74)	Softball Throw	Gold
	100 Meter Dash	Gold
	50 Meter Dash (new Record 7.70 Sec)	Gold
	Football Throw	Silver
George Izumi	10 Pin Men's Doubles	Gold
	10 Pin Mixed Doubles (w/Gloria Hone)	Bronze



MCSSA members enjoying the Annual Picnic..

MCSSA Board of Directors

<u>Office</u>	<u>Incumbents</u>
President	Jim Ganz
Vice-President	Don Juran
Secretary	Dan Mann
Treasurer	John Rice

Other Board Members

<u>League Commissioners</u>	
Women's Masters (Monday Night)	Carmen Campbell
Super Senior League (Mon a.m.)	Ed Guillette
60+ Ross Emerson League	Marshall Kramer
Co-Rec Wednesday Morning	Don Juran
50+ Tuesday Night	Paul Jarosinski
60+ Wednesday Night	Joe Fry
55+ Thursday Night	Paul Jarosinski
50+ Ron Schell League	Dave Hyder
Basketball (50+, 55+ and 60+)	David Schardt
Basketball (65+ and 70)	John Medford

<u>Program Coordinators</u>	
Volleyball	Stan Way
Senior Olympics	George Huson
Internet Advisor	David Schardt

REGISTRATION FORM FOR MCSSA ACTIVITIES

Please indicate which activity you wish to participate in and enclose the proper amount as indicated below. Make check payable to MCSSA:

I want to play in the 65 and over Basketball League on Sunday Mornings (\$120.00).....\$ _____
 (Please include an additional \$5.00 for MCSSA Membership Dues as well)

I want to play in the 70 and over Basketball League on Friday Afternoons (\$120.00).....\$ _____
 (Please include an additional \$5.00 for MCSSA Membership Dues as well)

MCSSA Dues.(\$5.00).....\$ _____

Optional: Donation to MCSSA to further the goals of MCSSA.....\$ _____

TOTAL AMOUNT DUE \$ _____

Name _____ Phone: _____

Address: _____

City: _____ State _____ Zip _____ Date of Birth: _____

E-mail address _____ Emer contact: _____ Phone: _____

The participant assumes all risks associated with participation in the above activities. MCSSA assumes no liability for injury or damages arising from participation in these activities. Due to the strenuous nature of some activities, MCSSA encourages each participant to consult his or her physician concerning fitness to participate in the program. The participant consents to emergency treatment.

Signature _____

Mail this form with a check for the TOTAL AMOUNT DUE made out to MCSSA to:
 MCSSA - 14320 Fairdale Road - Silver Spring MD 20905



Jim Ehrenfried as grill master at the picnic



Munching out!!



Two of the dedicated fans at the Ron Schell League games



One of the dedicated fan's hubby tries for a hit.

MCSSA

14320 Fairdale Road
Silver Spring, Maryland 20905

Phone: 301-236-9130
E-mail: jimganz@verizon.net
www.mcssa-info.org

