



THE SENIOR ATHLETE

Montgomery County
Senior Sports Association

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January 3, 2014

SUSAN LAKE Wins Newbury Award



Susan Lake, or "Susan Softball" as some people call her, won the Tenth Annual William E. "Bill" Newbury Award for her numerous contributions to MCSSA. She not only plays but also manages softball teams and provides incredible services to everyone.

Susan has been catering with refreshments for the MCSSA "Bill Tait" Annual Tournament and the Maryland Senior Olympics.

She has also chaired the MCSSA Picnic Committee on All Star weekend and purchased and cooked all the meat at the picnic.

At softball games, she always supplies ice and cold drinks for both her team and the opponents as well as ice for injuries when they occur. In her truck she carries a first aid kit and instant ice pack for the players when needed. She carries extra home plates and mats plus extra softball gloves. In addition, she also provides a shade tent for her team and the opposing team.

Susan and Charley also host a CoRec League picnic each year.

Charlie Lake and Charlie Johnson win "Comeback" Awards



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Dates to Remember

- **Jan 2** Indoor Softball drills begin.
- **Jan 20** Registration for Spring Leagues begin.
- **April 21** Action begins in spring softball leagues.
- **July 12** MCSSA Picnic and League All Star games.
- **July 13** Nineteenth Annual "Bill Tait" Invitational Tournament.





Basketball 2013-14

Basketball Results will appear in the next issue of *The Senior Athlete*

From the Editor's Desk:

This just a friendly reminder that dues renewal time is approaching. If your dues expire on March 31, 2014, then that will be your last issue of *The Senior Athlete*. So please be prompt and send in your MCSSA dues.

* * * * *

We found out the hard way how important having information on the name and telephone number of each player's emergency contact. I will be going out by email to ask for this information for anyone that does not provided it yet. When you send in your registration is the right time to include it.

* * * * *

I could really use some help with conducting some of our activities. It would be nice if we had an official photographer for MCSSA. It would also be nice if we had a public affairs person to tend to promoting MCSSA to the public. For the Tait Tournament, I need two people to serve as Field Marshalls during the games. Someone to take charge of the conduct of the games.

* * * * *

Indoor Softball Drills begin on January 2, 2014 at the Rockville Sportsplex on Tuesday and Thursday mornings and run through the end of March.

In Memoriam

John Clasby
Feb 1938—Sept 2013

Bud Marshall
Aug 1946—Sept 2013

Gary Brooks
Feb 1946—Oct 2013

Carol Davis
June 1934—Oct 2013

Paul Cosimano
Oct 1928—Nov 2013

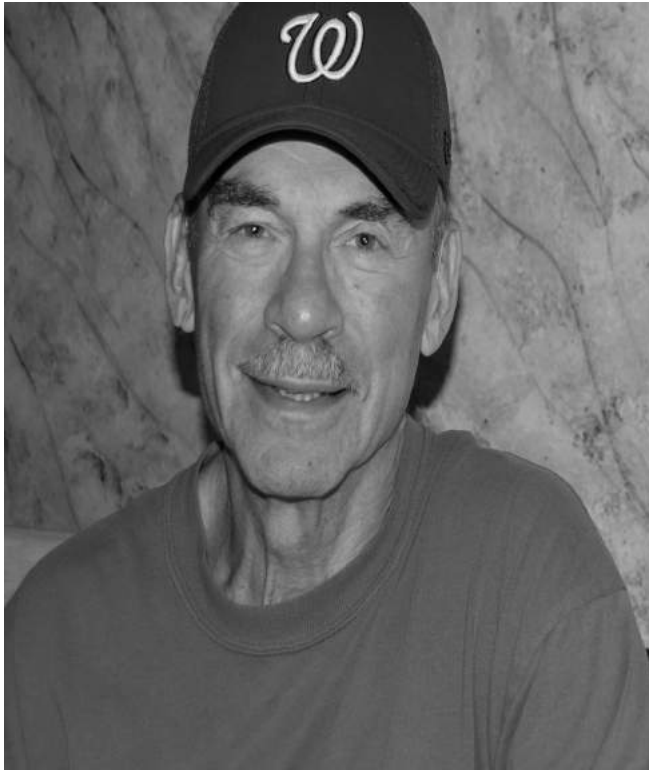
Carol Rothenberg
(Wife of Richard)

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MCSSA
14320 Fairdale Road



MCSSA Personality Profile



JAY BEDELL

I was born and raised in Brooklyn, New York, in a working class neighborhood that was a mixture of Italian-American and Jewish-American families. None of our grandparents were born in the USA. Most of our parents were born here, but not all. Our families followed the same basic tenets: the father earned a living; the mother took care of the children and home (she even worked, if she had to); everybody respected their elders; and, if you did something wrong, any parent on the block could scold you and tell your parents. We were Americans in World War II, together.

There was always something to do. We'd play street games, so many that I can't remember them all. No one owned a bat or a mitt because the balls we used were either small rubber balls (Spalding made the best) or the even smaller black handballs. To this day, I find myself instinctively trying to catch a smaller ball with two hands, forgetting that a softball is larger and heavier. I've hurt my fingers a number of times because of this. Our parents neither had the time nor had ever learned to play ball, so we had no coaches.

I graduated from Brooklyn Technical High School shortly after I turned 17. That school had a fantastic program to fully educate young men who were interested in becoming engineers. You can ask Lenny Mordfin, who grew up five blocks from me, and H. David Meyers about Tech. They are alumni. Talk about your small world, huh?

I made the right decision at that time to enlist in the Army, instead of going to college. They trained me to be a diesel engineer at Fort Belvoir. That was my first glimpse of the DC area, and I loved it!

After being stationed in Italy, my last Army assignment was at Walter Reed Army Medical Center. Now I really got to see the DC area firsthand. I loved it even more! I met my wife, Joan, a Chevy Chase girl, while stationed there. I also selected computer programming for my career when an Army buddy of mine told me to use him as a reference at IBM. With the love of my life, and a new career, I was on the path to happiness.

Joan and I moved to Long Island right after our wedding (happens to be Jim Bone's wedding date, also). Both of my daughters were born on Long Island, in a hospital that formerly was the home of Rudolph Valentino. While we lived in on the Island, I was a computer programmer for IBM and Metromedia, and Joan taught elementary school there.

We moved to Montgomery County in early 1971. Due to the recession hitting NYC in 1970, I lost my job in research and development at Metromedia. My manager was shocked when I immediately told him I would move to Maryland. That was another fortunate decision!

Once in Maryland, I worked for First Penn Bank in DC and a microfilm firm in Arlington before landing my final job at the US Senate. My Senate project was to automate the flow of data that became the Senate publications and the Congressional Record. Almost all of this was being done by hand at the time.

On one of my first assignments, the Senate Appropriations Committee, I ran into a printer assigned to the committee who gave me an ultimatum. 'Show me you know my job before you take it away from me.' Fortunately, I used that challenge as an incentive to learn all I could about GPO's operations, and complete the project. That printer and I got along very well from that point on, sharing our views. Yes, Spike Bauroth hasn't changed in over 30 years that I've known him.

(Bedell Con't on Page 5)

FINAL FALL SOFTBALL STANDINGS 2013

WOMEN'S MASTERS LEAGUE

Team	Won	Lost	Tied	Points
Stein, Sterling & Bennett	8	0		16
Old Bats	4	3	1	9
Manhattan	3	4	1	7
Tornados	0	8		0

Commissioner: Carmen Campbell

ROSS EMERSON 60+ LEAGUE

Team	Won	Lost	Tied	Points
Patriots	16	6		31
Senators	12	10		23
Good Sports	13	9		22
Fire Balls	10	12		20
Dust Busters	7	15		13
Centurions	8	14		16

Commissioner: Jacky Loube

TUESDAY NIGHT 50+ LEAGUE

Division A

Team	Won	Lost	Tied	Points
Gaithersburg Rentals	11	1		22
Spicer	10	2		20
Chartwell Builders	4	8		8
Hamel	3	9		6
Marauders	2	10		4

Division B

NATS	11	1		22
Silverado	11	1		22
Stylers	5	7		10
Raiders	3	9		6
Rigor Mortis	0	12		0

Commissioner: Paul Jarosinski

RON SCHELL 50+ DRAFT LEAGUE

Team	Won	Lost	Tied	Points
Richie's Relics	8	6		16
Green Hornets	8	6		16
Gold Nuggets	7	7		14
Midnight Special	5	9		10

Commissioner: Dave Hyder

SUPER SENIOR LEAGUE

Team	Won	Lost	Tied	Points
Lions	13	5	1	27
Cougars	9	10		18
Tigers	9	10		18
BobCats	8	9	2	18
Jaguars	8	10	1	17
Panthers	8	11		16

Commissioner: Ed Guillette

THURSDAY NIGHT 55+ LEAGUE

Team	Won	Lost	Tied	Points
Hamel	11	1		22
Chartwell Builders	6	5		12
Senior Ballers	6	6		12
Marauders	0	11		0



NATS, "B" Division Chanmps from 50+ Tuesday Night League



Back Row: Glas, Ed Lehman, Peter Petch, Brad Litchford, Dennis Unglessas,
Norm Gleason, Harry J. Jeltzer, Jorge Carrouze, Dave Sherk, Ralph Ruiz
Front: Jim Johnson, Bill Wilkerson, Charles Johnson, Ed Guillette, Len Bazar, Al
Winechester

Ross Emerson League Playoff Champions 2013 Spring



(Bedell Con't from Page 3)

Joan taught elementary school in Gaithersburg until she retired in 2004. Our daughters married local boys, and both live here in the county. We get to see them and our five grandchildren quite frequently.

I retired too late in the season to play softball in 2002. When I went to my first practice of 2003, guess who I ran into? Yes, Spike Bauroth. I owe a lot to Spike, Jacky Loube, Jim Ganz, and others, who have been there to teach me the right way to play ball, even though I continue to goof up. But, they're always there to help me. This, and the other friendships I've made on the ball field, is the type of camaraderie that makes the Ross Emerson League so fantastic. We should all be thankful we have so much here for us at this stage of our lives.



Chyp and Andrea performing



Super Senior League 2013 Spring Champions



The Newbury Family. Sally and Jacqui



Super Senior League 2013 Fall Champions

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Don Juran
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Women's Masters
Super Senior League
60+ Ross Emerson League
Co-Rec Wednesday Morning
50+ Tuesday Night
55+ Thursday Night
60+ Wednesday Night
50+ Ron Schell Draft
Basketball 50/55/60
Basketball 65/70

Carmen Campbell
Ed Guillette
Jacky Loube
Don Juran
Paul Jarosinski
Don Juran (Interim)
Joe Fry
Dave Hyder
David Schardt
John Medford

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Senior Olympics
Internet Advisor

Stan Way
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David Schardt

Emergency Contact Info

An important part of your registration for playing in any MCSSA Sport is to provide information on who the Emergency Contact person is and their telephone number.

The night Bud Marshall died on the ball field we had no way to notify his family. Bud had not provided that information.

So I will be very diligent in the future when I receive registrations to be sure you provide this information. Registrations that do not contain contact it will be considered an incomplete registration.

SPRING SOFTBALL STARTS WEEK OF APRIL 21

The week of April 21, 2013, will see the beginning of the Spring Softball Season. MCSSA will be managing eight leagues: three daytime and five nighttime. On Monday mornings there is the Super Senior league for men 70+ and women 40+. The Ross Emerson League on Tuesday and Thursday mornings is the men's 60+ league. The Co-Rec league for men 60+ and women 40+ plays its games on Wednesdays.

On Monday nights, the Women's Masters 40+ League play. Tuesday night we see the men's 50+ league. On Wednesday night it's the men's 60+ league. Thursday nights it is the men's 55+ league. Finally, on Friday nights, we have the men's Ron Schell 50+ Draft league. More information on these leagues appears on page 7 of this issue of *The Senior Athlete*.

Bat standards for the night leagues follows the Amateur Softball Association guidelines. Day leagues are limited to single-walled bats only.

Pre-game warm-ups in the Super Senior League



Official sore keeper for the Panthers -- Ellen Craig

Ellen Craig, Panthers Scorekeeper



Hal Reuben stretches his muscles??



Game has not yet begun and Jay Baraff is thirsty already



Phil Morales practices his swing



Jim Ehrenfried posts the lineup



Barry Gross putting on his P.F. Flyers



REGISTRATION FORM FOR THE SPRING DRAFT LEAGUES

Please indicate which league(s) you wish to play in and enclose the proper amount as indicated below plus \$5 for MCSSA dues. Make check payable to MCSSA.

I want to play in the Super Senior Draft League on Monday Mornings (\$60.00) \$ _____

I want to play in the 60 and over Ross Emerson Morning League (\$120.00) \$ _____

Signup deadline for this league is April 10, 2014

I want to play in the 50 and over Draft League on Friday Nights (\$80.00) \$ _____

Signup deadline for this league, April 10, 2014

I would like to enter a team in the Wednesday Morning CoRec League (\$800) \$ _____

(Price subject to change)

Include \$5.00 for Annual MCSSA membership (\$5.00) \$ _____

Optional: Donation to MCSSA to further the goals of MCSSA \$ _____

TOTAL AMOUNT DUE \$ _____

Name: _____ Phone: _____

Address: _____

City: _____ State _____ Zip _____ Date of Birth: _____

E-mail address _____ Emer contact: _____ Phone: _____

It is vitally important that you provide an emergency contact and phone number

Would you like to be considered to manage a team in one of the leagues? YES NO

What positions do you play? _____ What playing dates will you miss? _____

**Mail this form with a check for the TOTAL AMOUNT DUE made out to MCSSA to:
MCSSA - 14320 Fairdale Road - Silver Spring MD 20905**

The participant assumes all risks associated with participation in the above activities. MCSSA assumes no liability for injury or damages arising from participation in these activities. Due to the strenuous nature of some activities, MCSSA encourages each participant to consult his or her physician concerning fitness to participate in the program. The participant consents to emergency treatment.

Signature _____



Two Charlies win Comeback Award

Charlie Lake is a retired Montgomery County Police-
man who plays softball in MCSSA leagues and was
one of the two winners of the "Spike Comeback
Award."

He volunteered to go to Iraq and advise and train Iraqi
police. While in the war zone he experienced danger
every day. He was injured in a mortar attack that killed
54 and wounded 73. He suffered shrapnel wounds, a
shoulder injury and injuries affecting hearing, sight, bal-
ance and traumatic brain injury. He had five operations
on his shoulder, including a titanium replacement and
left with no rotator cuff. He participated in an in-house
Post Traumatic Stress Disorder program in a Veterans
Administration facility in Baltimore.

This was not his first combat experience. He was a
Green Beret during the Vietnam War and was deco-
rated with the Silver Star Medal, the Bronze Star Medal
with "V" for Valor along with an Oak Leaf Cluster in ad-

dition to the Purple Heart Medal. But don't count him out
yet. He has resumed playing the sport he loves, softball.

Charlie Johnson joined the MCSSA softball program in
2012. For many years he was an outfielder, but then
turned to being a very effective pitcher.

He suffered his first heart attack in 1999 and the doctors
performed three bypass surgeries and over the next 18
months he had to undergo 11 angioplasties. He had a
second heart attack in 2005 and required four bypass
surgeries. On the day he was to leave the hospital he
suffered a stroke and began seeing double, his speech
was affected and his ability to walk without assistance
was impaired. Apparently a small clot during the surgery
had navigated to his brain.

His doctors were of the opinion that Charlie would fully
recover in 60 days and that is what happened.

Charlie believes that his faith in God helped him during
this difficult period in his life.



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2013 MCSSA Annual Awards Banquet





SOFTBALL REGISTRATION BEGINS JANUARY 18th

Registration for the 2014 Night Leagues senior softball season will begin on Friday, January 24th, and continues until Friday, March 7th, or until leagues are filled. Daytime and Friday Night leagues can register immediately.

NIGHT LEAGUE FORMATS

The following night leagues play a 10 week 20 game doubleheader schedule on regional fields. Early games are at 6:00 and 7:00 p.m. with late games at 8:00 and 9:00 p.m.

Monday Nights—Women’s 40 and over league
Commissioner: Carmen Campbell—443-864-4179

Tuesday Nights—Men’s 50 and over league
Commissioner: Paul Jarosinski 301-774-5841

Wednesday Nights – Men’s 60 and over league
Commissioner: Joe Fry 301-460-6096

Thursday Nights—Men’s 55 and over league
Commissioner: Don Juran (Interim)
301-231-8622

Friday Nights—Men’s 50 and over DRAFT league
Teams play 2 seven inning games at Wheaton
Commissioner: Dave Hyder—240-393-3516
This is a draft league and the cost is \$80 per person.
Those interested in playing in this league, please fill out the form on page 7 of this newsletter.

DAYTIME LEAGUE FORMATS

Monday and some Friday Mornings **Super Senior Draft League**
70 and over for *men*, 40 and over for women.

Teams play 2 seven inning games at Olney Manor Park.
Every player in attendance is entitled to be in the batting order.
Cost is \$60.00 per person.

Please fill out the form on page 7
Commissioner: Ed Guillette 301-438-2060

Tuesday and Thursday Mornings **Ross Emerson League**
Men 60+ play doubleheaders at Olney Manor and Wheaton.

Every player in attendance is entitled to be in the batting order.
Cost is \$120.00 per person. Please fill out the form on page 7.
Commissioner: Jacky Loube 240 731-9477

Wednesday Mornings **Co-Rec League**
60 and over for men 40 and over for women.

All players are entitled to 7 innings of playing time
Registration fee is \$800 per team with checks payable to MCSSA at the address shown below.
Commissioner: Don Juran 301-231-8622

Note: Estimated Franchise fee of \$1,150 per team is expected for the night leagues (Except Fridays).



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Silver Spring, Maryland 20905

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Email: jimganz@verizon.net
Web Site: www.mcssa-info.org

