



# The Senior Athlete

Montgomery County  
Senior Sports Association

Volume 28, Issue 2  
April 3, 2019

## SENIOR BASKETBALL



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### Dates to Remember

- Week of April 5 Action begins in spring softball leagues.
- July 13 League All-Star games.
- **July 14 Twenty third Annual "Bill Tait" Invitational Softball Tournament**

The senior basketball program of MCSSA has made significant progress the past few years. Developing from a 5 on 5 full court basketball league, with declining interest two years ago, to 3 on 3 half court last year. This year, Senior Basketball again transitioned. This time to a 4 on 4 model, playing across court with the side baskets as our goals. This format gives players an opportunity to run fast breaks, shoot free throws, and most importantly the ability to work up a sweat. We were determined to build teams of equal ability using age and level of play as the basic criteria, always taking into account requests for friends who wish to play together. With increased registration from the previous year, 5 teams composed of 6 players each, was set. Each team has the opportunity to play 2 thirty-four minute games each Friday.

Following basic NCAA rules with a few exceptions, some of which includes a running clock unless free throws are awarded, in which case the clock will stop. In the final 2 minutes of the game the clock will stop each time the referee's whistle is sounded. Taking into consideration the spirit of the game and the style of league play, rules modifications added by the commissioner include; increasing personal fouls from 5 to 6 before disqualification, and adding a closely guarded player count. The closely guarded count was introduced, midway through the schedule, to limit teams from holding the ball to run time off the clock. Holding the ball for extended periods of time became a regular tactic in close contests near the end of the game. Teams use their 4 timeouts per game wisely, but consistently request that additional timeouts be added as one player noted; "we're old."

(Continued on Page 6, **4 V 4**)

**From the Editor's Desk:**

There is a nice article about the basketball program written by Jacky Loube on the front page. I attended one of the sessions to take photos and I can tell you it is wall-to-wall action. Really good basketball.

\* \* \* \* \*

Opening dates for the softball leagues will vary this year. The Ron Schell Friday Night League begins April 5; the CoRec League on Wednesday mornings begins April 10; the John X Supinski Jr. league on Monday mornings begins April 22; and, the Ross Emerson League on Tuesday and Thursday mornings begins April 23.

\* \* \* \* \*

Just another reminder that MCSSA membership dues goes up to \$10 per year beginning April 1.

\* \* \* \* \*

Our indoor softball program has had a good year. We took a financial pounding during January, but attendance during February and March made up for what we lost that first month. It is a good program for getting fit for softball during the winter months of January through March each year. We do several rounds of hitting with some fielding drills between sessions. There is a lot of camaraderie between players and good advice on your style is available to help any errors in your techniques. Also, some groups go out to lunch following the sessions and talk about war stories and how good they are at playing softball, plus other topics.

\* \* \* \* \*

As you may have noticed when you register to play ball, one of the questions is how you would like to receive your newsletter, by USPS or Online. This issue is the first to be delivered on line for those of you who asked for it. You will not be receiving a hard copy delivered by the postal service. Enjoy this new method of transmission.



Tony Upson shows the proper technique to shoot free throws

**All Star Weekend**

All Star Weekend Festivities will begin on Saturday, July 13 with the MCSSA All Star Softball games.

There will be two All Star Games played on Field #4 at Olney Manor Park. The first beginning at 9:30 a.m. with the Morning and Evening 60+ leagues facing off and at 11:30 the game between the Tuesday evening and Friday evening 50+ leagues.

On Sunday, July 14, the Twenty Third Annual MCSSA Bill Tait Invitational Senior Softball Tournament will be held on Fields #3, #4 and #5. Opening Ceremonies will begin at 9:45 a.m. on Field #4.

**In Memoriam**

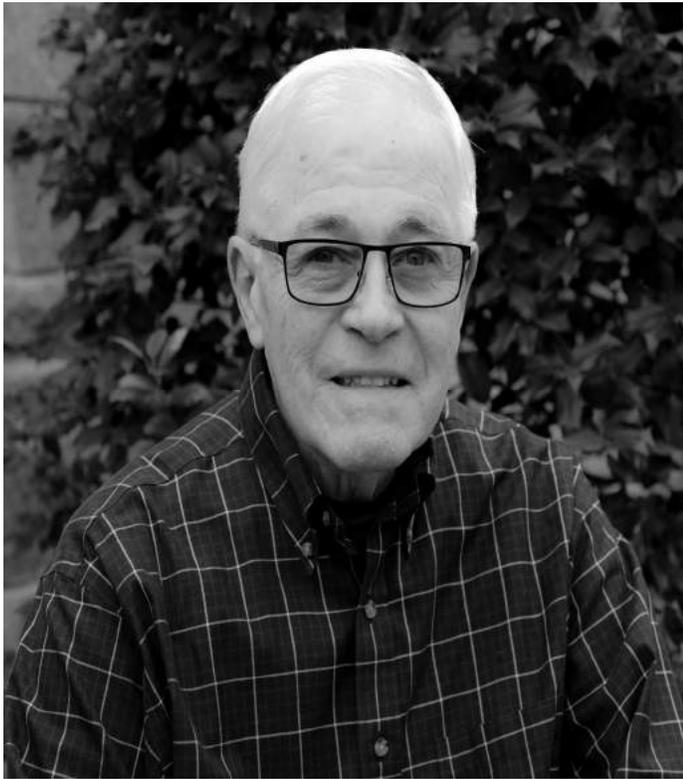
Ron Warren  
Dec 1937—Feb 2019

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MCSSA  
14320 Fairdale Road  
Silver Spring, Maryland 20905



## MCSSA Personality Profile Frank Carlman



On Lincoln's Birthday, 1940, I was born in Waltham, Massachusetts, and lived there for my first nine years. My folks built a new home in Sudbury, Mass., and we moved there in 1949. My childhood was one of constant play time. We were never indoors, until we were forced to come eat, or go to bed.

We lived a great life in the 40's and 50's. The Second World War was over, and many relatives, were building their homes, and beginning the baby boom. There were lots of kids my age to play ball with, throughout my school years.

I was a three sport star in high school. Well, maybe not a star, but I played on three varsity sports teams. The truth is, we had only 9 boys in my senior graduating class of 1957, and only 3 of us played sports. Luckily, in my senior year of high school, we moved into a brand new Regional High School, and had enough players to have soccer, basketball, and baseball teams, because new members of the regional school joined our teams.

After high school, I attended Northeastern University, and started working at a "small" company, named Polaroid Corp. This is one of the many lucky breaks that I have had in my life. I worked for 23

glorious years at Polaroid, starting in the Chemical Divisions, for 12 years, and in Human Resources supporting the technical Divisions in the Film and Camera Divisions, for the next 11 years. While in Human Resources, I spent 2 years on assignment, working with a Senior Corporate Attorney, gathering information relative to any cases that were brought to the attention of the Corporate Legal Department relative to any race, sex, or age discrimination actions against the company.

I left Polaroid, and owned a commercial landscaping company for 15 years.

On a personal note; I have five sons, from a previous marriage, seven grandchildren, and two great-grandchildren. I met my second wife, Claire Kevill twenty-five years ago, and although the geography is challenging, we have vacationed with my sons, and grandchildren almost every summer, and at the Christmas holidays.

Claire worked for Marriott International for 23 years and we lived in London for five of those years, where I had the difficult task of travelling all over Europe, and the Middle East, while she did management training for Marriott. I joined a wonderful golf club, and played 3 to 4 times a week, but never got lower than a 15 handicap.

We have lived in our house in DC for twenty years, and I have been playing softball and basketball for almost all that time in Glen Burnie, and Montgomery County. My time spent in MCSSA is a total joy to me. I continue to enjoy the softball and used to enjoy the basketball, before my left knee gave out, and now I enjoy the lunches afterwards, even more. The people are the best.

I had the honor of managing the Hamel Builders 75 (Major) travel team, during the 2017/2018 seasons. At one period during, that time, the team won 11 straight tournaments. I am now managing the Hamel Builders 80 team.

I would like to thank all the members of the board of MCSSA, and all the managers for all they do to give us this great outlet for sport competition, with people our own age.

**The Teams**



**NETS:** Left to Right Mehmet Tomay, Ray McClellan, Tom Gessel and Mike Doyle. Missing Manager Harold Russell

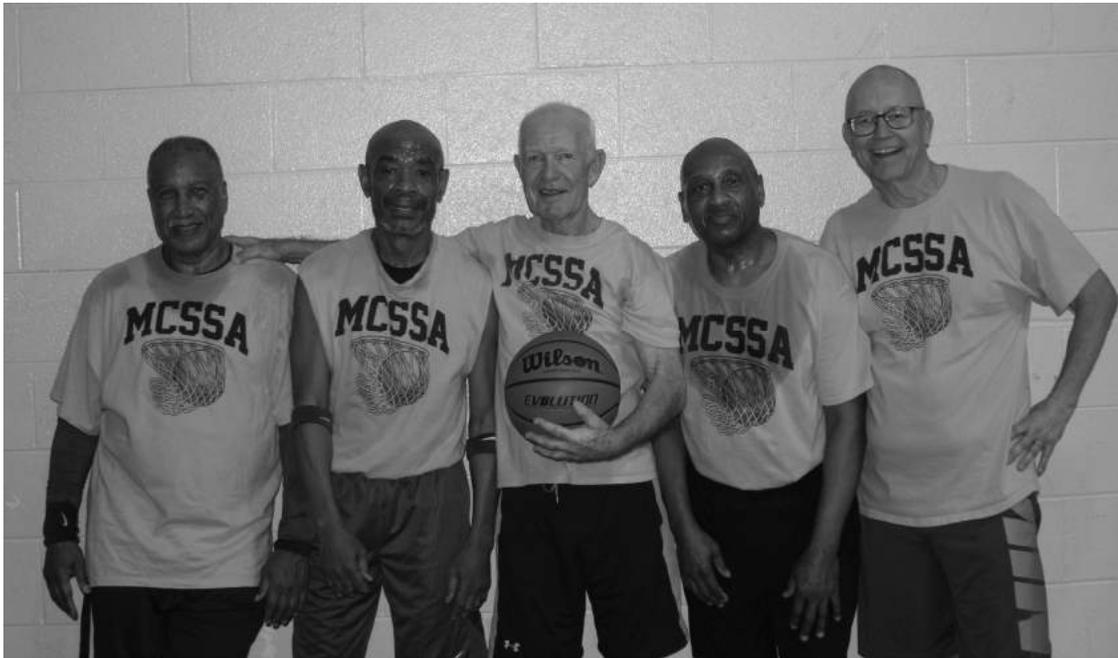


Basketball Standings as of 3/22/19

<u>Team</u>	<u>Won</u>	<u>Lost</u>
<u>Ballers</u>	7	1
AND ONE	6	2
Nets	4	4
Defenders	2	6
Squires	1	7



**SQUIRES:** Front Row Sean Turner and John McCloud  
Rear Row Doug Squires, Ralph Finney and Tom Hawkins



**BALLERS:** Left to Right George Pruden, Ronnie Stokes, John Medford, Ron Perry and Jim Clarke.



**AND ONE:** Front Row L to R Bob Stroud, Tony Upson, Tim Higgins. Rear Row Bruce Dearbaugh, Don Mac, Gary Lake and Mike Thompson.



**DEFENDERS:** Left to Right Herb Ballard, All Hunter, Ron Jones, Steve Lawrence and Bill Cornwell. Missing is Dana Kurtz.

(Continued from Page 1, 4 V 4)

The 12 games schedule culminates with a single elimination tournament scheduled for the first Friday in April, which will determine the league champion. The managers of the 5 member teams have done an excellent job in giving substitutes equal time on the court. The "Ballers," captained by George Pruden, are leading the league with a perfect 7-0 record, followed closely by "And One" managed by Gary Lake and the "Nets" managed by Harold Russell. There have been no blowouts. Of the 16 games played at the time of print, only 2 games had more than a 10-point spread. Most importantly, the players are enjoying the competition with few complaints. It looks like we finally got it right!

Thank you to our officials, Spike Bauroth, Dave Hyder and David Warner as well as scorekeepers/timers Alan and Melanie Shevitz, for adding professionalism to our program. A special thanks to Bruce Dearbaugh for again assisting the Commissioner each Friday.

### MCSSA Board of Directors

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Vice-President  
Secretary  
Treasurer

**Incumbents**

Jim Ganz  
Don Juran  
Dan Mann  
John Rice

**Other Board Members**

**League Commissioners**

Women's Masters  
John X Supinski Jr League  
Ross Emerson League  
Co-Rec Wednesday Morning  
50+ Tuesday Night  
55+ Thursday Night  
60+ Wednesday Night  
50+ Ron Schell Draft League  
Web master  
Basketball  
Senior Olympics  
Volleyball

Carmen Campbell  
Ed Guillette  
Jacky Loube  
Don Juran  
Paul Jarosinski  
Bill Madert  
Stu Levy  
Dave Hyder  
David Schardt  
Jacky Loube (Acting)  
George Huson  
Shane Wu



### REGISTRATION FORM FOR THE SPRING DRAFT LEAGUES

Please indicate which league(s) you wish to play in and enclose the proper amount as indicated below. Make check payable to MCSSA. **Please note: Your Annual MCSSA Dues ARE NOT included in the registration fee for whichever league you in which you want to play. You only need to pay Dues once a year. So if you sign up for multiple leagues you only pay the dues once.**

I want to play in the Super Senior Draft League on Monday Mornings (\$40.00) \$ \_\_\_\_\_

I want to play in the 60 and over Ross Emerson Morning League (\$125.00) \$ \_\_\_\_\_

Signup deadline for this league is April 10, 2018

I want to play in the 50 and over Draft League on Friday Nights (\$80.00) \$ \_\_\_\_\_

Signup deadline for this league, April 10, 2018

I would like to enter a team in the Wednesday Morning CoRec League (\$761) \$ \_\_\_\_\_

**Annual MCSSA membership (\$10.00)** \$ \_\_\_\_\_

Optional: Donation to MCSSA to further the goals of MCSSA \$ \_\_\_\_\_

**TOTAL AMOUNT DUE** \$ \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Date of Birth: \_\_\_\_\_

E-mail address \_\_\_\_\_

Emergency contact (required) \_\_\_\_\_ Phone: \_\_\_\_\_

**It is vitally important that you provide an emergency contact and phone number**

Would you like to be considered to manage a team in one of the leagues? YES NO

What positions do you play? \_\_\_\_\_ What playing dates will you miss? \_\_\_\_\_

**Mail this form with a check for the TOTAL AMOUNT DUE made out to MCSSA to:  
MCSSA - 14320 Fairdale Road - Silver Spring MD 20905**

The participant assumes all risks associated with participation in the above activities. MCSSA assumes no liability for injury or damages arising from participation in these activities. Due to the strenuous nature of some activities, MCSSA encourages each participant to consult his or her physician concerning fitness to participate in the program. The participant consents to emergency treatment.

Signature \_\_\_\_\_



Basketball Action



Steve Lawrence with a "sky hook"



Herb Ballard drives toward the basket



An uncontested three attempt.



Tom Gessel hits a three.

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