



The Senior Athlete

Montgomery County
Senior Sports Association

Volume 23, Issue 2
April 3, 2014

BASKETBALL TIP OFF



Tony Upson makes a hard drive to the basket.



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A message from Bill Tait, the President Emeritus of MCSSA

Nine years ago when we moved to this apartment in Rockville Jan and I thought we were set for life. However now that we are getting on in years with failing eyesight and a questionable cardiac system, we find it would be nice to be near some family. At this time our nearest relatives live over 200 miles away and so we have decided it would be nice to be where someone could pop in and look after us occasionally. Therefore, we are packing up the end of April and will be moving to a retirement home in Loganville, Georgia about 20 miles east of Atlanta.

We have found a nice cottage about five miles from my son, Steve and his wife, Crystal and about two miles from a granddaughter Maegan and our only great grand child, 7 month old Tucker.

We hate to leave Rockville as we have been most comfortable here. There are lots of

restaurants and eateries within walking distance and in a neighborhood with everything you could want close by.

Most of all we will miss the many great friendships we have developed over the past 50 years in Montgomery County. Our association with the athletes and relatives and friends of MCSSA has been the most rewarding thing in our lives.

However, moving to Georgia, I will still remain a Nats fan and will be excited to keep reading the MCSSA Newsletter and watching the progress of the Association. My best luck to all and may you continue to remember, "You don't quit playing because you get old, you get old because you quit playing."

Dates to Remember

- Week of April 21
Action begins in spring softball leagues.
- July 12 MCSSA Picnic at Olney Manor Park plus league All-Star games.
- July 13 Nineteenth Annual "Bill Tait" Invitational Softball Tournament



From the Editor's Desk:

Those whose dues expire on March 31, 2014 will see a special label on the first page indicating that this will be your last issue of the *Senior Athlete* until you renew your MCSSA dues.

* * * * *

Turnout had started out kind of slow but has been quite good for Indoor Softball workouts this year. Lots of new faces, heavy duty workouts

* * * * *

Bill Tait tells me that he still has about six copies of the MCSSA History Booklet that he is willing to provide FREE to anyone who is interested. His phone number is 301-881-0250 and his email address is wtait1212@aol.com.

* * * * *

Lester Bollinger sent the following note: Thank you very much for sending me the *Senior Athlete* newsletter, I thoroughly enjoyed it. Congratulations to Susan Lake for her deserved award and to the two Charlies, Lake and Johnson. I thank God for the two Charlies to be with us. Good to hear from you. My ball playing days probably are over since I fell down a stair (6 steps), head first, a while back and damaged my rotator cuffs. Keep on swinging friends, but not at the first pitch.

* * * * *

Bill Simms sent the following note: Still recovering from bad accident on December 10,2012. Fell down basement steps. Nine days in the hospital, concussion, fractured ribs, etc. I walk 2 miles each day and go to the batting cage occasionally. Still not ready to play softball though.

* * * * *

Several people have asked questions about the price of registration fees for each of our leagues. First let me say that the aim of MCSSA is to break even on costs and fees. We track from season to season to see where each of the leagues fall. When a league comes up out of balance during one season, we try to make up the difference by either raising or lowering prices the following season. Expenses are closely watched. The biggest part of the costs are the fees we pay for field rental and umpires. Then there are shirts, hats and balls that influence the total charges. We are lucky that we have the ability, facilities and health to continue to play the game we all love while watching our expenses.

"No one can make you feel inferior without your consent."

Eleanor Roosevelt

In Memoriam

Bernie Shannon

Oct 1920—Feb 2014

Kellar Smith

Aug 1939—Feb 2014

Ruth Mann

(Wife of Bill)

Mike Yasher

Aug 1928—Feb 2014

"By three methods we may learn wisdom: First, by reflection, which is noblest; Second, by imitation, which is easiest; and third by experience, which is the bitterest."

Confucius

The Senior Athlete is a publication of the Montgomery County Senior Sports Association (MCSSA) and is published four times a year, at the beginning of each quarter (January, April, July and October) to members in good standing. MCSSA is a non-profit organization exempt from Federal Income Taxes under section 501(c)(3) of the Internal Revenue Code. Submit articles and/or changes of address to:

MCSSA

14320 Fairdale Road



MCSSA Personality Profile Gloria Hong



Gloria Hong, aka Glo, was born in Washington, DC, but was raised in Silver Spring, Maryland. She graduated from Montgomery Blair High School, also the alma mater of such notables as Nora Roberts, Goldie Hawn, Connie Chung, and Carl Bernstein. Gloria has a degree in journalism from the University of Maryland. She is a life member of the Alumni Association and supports Maryland sports as a member of the Terrapin Club.

After Maryland, she entered the work force with the Federal Government. She worked at the Department of Health, Education, and Welfare (now Health and Human Services) as a public information specialist for nine years. She then went to the US Commission of Civil Rights as an editor. In addition to editing Commission reports, she prepared camera-ready copy for the Government Printing Office and was the Commission's liaison with GPO. She retired from the Commission in 1997. After retirement, Gloria and her husband, George Izumi, enjoyed traveling, especially cruising. They both have worked as part-time consultants to the Department of Housing and Urban Development.

Sports have always been a part of her life. Both her parents were baseball fans. She remembers, as a child, going to Griffith Stadium to watch the Washington Senators, as a member of the "Knothole Gang". She now follows the Baltimore Orioles. One of her cherished possessions is an autographed photo of Cal Ripken.

When she was growing up, girls didn't have the opportunities to play sports like they do now. Softball was always her favorite, and was only available through intramural play in high school. She returned to softball, as an adult, when she moved to Olney in 1972, and has been playing ever since, sometimes playing in three different leagues a week. One day she read an item in the Washington Post about senior softball. Bill Tait's name was given. She decided to give him a call. He said that a women's league was forming, and he could have someone contact her. A few months later, Helen Boyd called and said that a women's 40+ softball league was going to form on Monday nights, if she was interested. Of course, she joined. While playing softball twice a week and playing soccer, and keeping up with her children's activities, she found time to coach her daughter's softball team for the Olney Boys and Girls Club. After her girls went undefeated and won the championship, she decided to retire from coaching.

She played with the Olney team in the Wednesday morning CoRec league for several years. She has played in the Monday Super Senior League since it started in 2002. Until recently, she also played in a regular Montgomery County Co-Rec League in the evening. This is not senior softball and teams must have five women in the lineup. She played soccer for several years in the Montgomery County Women's Masters Soccer League. She decided to retire from soccer when she turned 60. After an absence of more than 30 years, Gloria and George returned to ten pin bowling about eleven years ago.

(Hong....Continued on Page 4)

(Hong...Continued from Page 3)

Gloria has been involved in Senior Olympics since 1996, when she played on the first women's softball team from the State of Maryland. Over the years, she also has competed in track and field events, horseshoes, shuffleboard, lawn bowling, duck pin bowling, ten pin bowling, and bocce, and has won numerous medals. On the national level, she has competed in softball, shuffleboard, horseshoes, and ten pin bowling.

Sports are not the only thing in her life. She is interested in photography and has entered photos in the Montgomery County Fair competition. She has ribbons for some of her photos. She usually can be seen at University of Maryland women's basketball games taking photos for their Rebounders web site. The Rebounders is the booster organization for the team.

Gloria and George live in Rockville. They have a daughter and son and one granddaughter.

All Star Weekend

All Star Weekend Festivities will begin on Saturday, July 12, with the MCSSA Picnic and All Star Softball games.

There will be two All Star Games played on Field #4. The first beginning at 9:30 a.m. with the Morning and Evening 60+ leagues facing off.

The picnic begins at 11:00 am and there is time where everyone can enjoy great food and great company between the softball games. There is even time to tell some war stories around the theme that *"the older I get, the better I was."*

The picnic celebration will be followed by the game between the Tuesday evening and Friday evening 50+ leagues.

On Sunday, July 13, the Nineteenth Annual MCSSA Bill Tait Invitational Senior Softball Tournament will be held on Fields #3, #4 and #5. We will have four 65+, four 70+ and four 75+ teams vying for honors. Opening Ceremonies will begin at 9:45 a.m. on Field #4.



70+ Champions Golden Oldies: Front Row (L to R) Coach John Medford, Tony Upson, Art Hiban. Back Row (L to R) Stan Fisher, Bert Kapinus Jim Martin, Tom Gessell, Leon Taylor.



65+ Champions Senior Sages: Front Row (L to R) Coach Jacky Loube, Bill Cornwell,, Steve Svartz. Back Row (L to R) Doug Squires, Herb Ballard, Pete Reichwein. (Missing from photo: Jim Martin).

"The only way to get through life is to laugh your way through it. You either have to laugh or cry. I prefer to laugh. Crying gives me a headache."

Marjorie Pay Hinckley



2013-14 Final Basketball Standings

70+ Men

<u>Teams</u>	<u>W-L</u>
1. Golden Oldies (John Medford)	9-2
2. BlueAngels (Mark Berman)	8-3
3. Bears (Frank Carlman)	4-7
4. Cardinals (Harold Kessler)	1-10

Scoring Leaders:

<u>Name</u>	<u>Team</u>	<u>Total</u>
Tom Gessel	Golden Oldies	205
John Medford	Golden Oldies	126
Ray McClellan	Angels	123
Rick Chap	Angels	119
Lew Eyre	Bears	96
Ken Lynch	Cardinals	96
Tom Hawkins	Bears	89
Bob Stroud	Angels	82
Al Hunter	Cardinals	81
Henry Hennings	Cardinals	78
Frank Carlman	Bears	73
Jack Staines	Angels	73
Jim Martin	Golden Oldies	70
Mike Doyle	Cardinals	63
Hal Reuben	Sub	61
Tony Upson	Golden Oldies	61
Ron Warren	Cardinals	50
Stan Fisher	Golden Oldies	46
Kip Howell	Angels	40
Jim Condel,	Cardinals	38
Jim Stephens	Bears	33
Ed Howard	Bears	31
Izzy Patapis	Bears	17
Alan Shanberg	Bears	16
Ned Li	Sub	15
Mark Berman	Angels	11
Bert Kapinus	Golden Oldies	9
Leon Taylor	Golden Oldies	8
Harold Kessler	Cardinals	5
Frank Mallgrave	Cardinals	4
Art Hiban	Golden Oldies	3
Neil Hoffman	Sub	2

The Golden Oldies won both the regular season and
Playoff Championships.

65+ Men

<u>Teams</u>	<u>W-L</u>
1. Senior Sages (Jacky Loube)	9-2
2. Relics (Harvey Ailes)	5-6
3. Elephants (Frank Carlman)	4-7
4. Golden Oldies (John Medford)	4-7

Scoring Leaders:

<u>Name</u>	<u>Team</u>	<u>Points</u>
Doug Squires	Senior Sages	218
Steve Lawrence	Relics	211
Gary Lake	Elephants	199
Tom Gessel	Golden Oldies	157
Robert Wasilewski	Relics	144
Nick Deluca	Elephants	138
Herb Ballard	Senior Sages	137
Mike Gorsage	Golden Oldies	133
John Medford	Golden Oldies	105
Bill Kamenoff	Elephants	93
Harvey Aviles	Relics	89
Pete Reichwein	Senior Sages	86
Ned Li	Elephants	68
Tony Upson	Golden Oldies	63
Jacky Loube	Senior Sages	56
Rick Chap	Golden Oldies	48
Paul Roddy	Relics	48
Ralph Conlin	Golden Oldies	41
Jim Martin	Senior Sages	28
Joe Fry	Relics	27
Bill Cornwell	Senior Sages	24
Steve Svartz	Senior Sages	21
Ron Krupka	Sub	16
Kip Howell	Elephants	11
David Schardt	Relics	11
Tom Mertes	Golden Oldies	10
Ray McClellan	Sub	8
Nick Fleischer	Relics	6
Bill Perrick	Elephants	2

The Senior Sages won both the regular season and
Playoff Championships.

70+ Basketball League Action



A classic Jim Martin 3 pointer



Jim Condell defending Stan Fisher



Ray McClellan hauling in a rebound



Do you thing there is any pushing and shoving on this rebound?



Frank Carlman gets off a shot before Rick Chap can swoop in to block it.



Can anybody guess who is this shooting a three?



The entire 70+ League



Three guys hanging out at 70+ Basketball action, Mike Lynch, Bill Tait and Rich Dixon.



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TIP OFF: Rick Chap and Ed Howard going up after the opening jump ball in 70+ action.

"The only true wisdom is in knowing you know nothing."

Socrates

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55+ Thursday Night	Don Juran (Interim)
60+ Wednesday Night	Joe Fry
50+ Friday Night Draft	Dave Hyder
Basketball (50/55/60)	David Schardt
Basketball (65/70)	John Medford
Senior Olympics	George Huson
Volleyball	Stan Way

REGISTRATION FORM FOR MCSSA

Include \$5.00 for Annual MCSSA membership.....(\$5.00) \$ 5.00

Include \$5.00 for MCSSA Annual Picnic.....(\$5.00) \$ _____

Optional: Donation to MCSSA to further the goals of MCSSA \$ _____

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Name: _____ Phone # _____

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City: _____ State _____ Zip _____ Date of Birth _____

E-mail address _____ Emer contact: _____ Phone # _____



65+ Basketball League Action



Joe Fry goes up for two



Rick Chap draws a lot of attention on this shot



John Medford getting off a shot in heavy company



Now watch me spin the ball on my fingertip.

MCSSA

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